

Denmead Striders Running Club

Committee Meeting

Date: 9th October 2018

Location: Silvester Road, Waterloooville.

Present	Apologies
Terry Aked	Graham Clarke
Tracey Crank	Clare Welch
Stuart Hoare	Paul Welch
Julia Revill	
Lee Weeks	
Martin Shaw	
Gary McCawley	
Mel Hunt	
Simon Toms	
Kirsty Aked	

1. Committee Meeting.

1.1 Club Chairman

We have seen a few changes on the committee since our last meeting. Firstly I must thank Lisa Guile who stepped down as social secretary. Sarah Heard has also stepped down from Webmaster and Publicity officer and I also thank Sarah for her work on the website.

Richard Gray has decided to make way for someone who can attend training regularly and I'm delighted to welcome Simon Toms on board as members representative.

The darker evenings have seen our return to Waterloooville training. Thank you once again to Gary McCawley for his well received winter training schedule which we look forward to working through over the coming months.

Lastly, Rory Heard reports that disappointingly the entries for the Denmead 10k are somewhat lower this year despite the same publicity being given. It is also a shame that we are struggling for marshalls, despite not requiring volunteers for GSR duty this year. The 10k should still show a profit, but this will be down on previous years.

1.2 Vice Chairman

The vice chairman reported that there were no reported health and safety issues but with the onset of darker evenings runners would be reminded to wear hi-viz at training sessions. The signs previously bought for training nights were unsuitable but would be used for the Denmead 10k.

He had received an email from the co-ordinator of the GSR to accept our decision not to provide marshalls this year – he thanked the club for previous support and said we would be welcome back if we decided to send marshalls in the future.

Lee also stated his intention to stand down as vice chairman at the next AGM. The position will be advertised ahead of the AGM.

1.3 Club Secretary

Matters Arising from 10th July meeting:

Plans for Website Improvement: Sara Heard has stepped down from her position as Webmaster. Clare Welch now has the webmaster log in and is corresponding with Graham Clarke to learn how to make improvements. The Facebook page has been renamed as Denmead Striders and the old site has been closed.

Men's D Team: No action taken for this season, will review next year.

RNA Club Booking: Date for AGM and Awards Night was agreed as 15th March. The Secretary will ensure that the venue is booked.

The Secretary had received notification from England Athletics that for the 2019-20 fees will be as follows:

Athlete Registration will remain at £15 per person

Club Affiliation fee will rise to £150 per club.

1.4 Club Treasurer

The accounts are appended. The accounts show that this year we have spent more than income but still have funds. The Denmead 10k currently has a surplus of £400 but there are still costs to come out, more places may be sold and double medals have been bought which would increase profits next year. Funds had now been put on deposit and 43p interest was gained.

Other expected expenditure is for coaching courses when suitable courses are run for our coaches.

1.5 Membership Secretary

New membership has slowed to 1 or 2 per month. It was confirmed as previously discussed that the membership fee for 2019 would increase to £25 of which £15 goes to England Athletics. After the meeting the Club Secretary confirmed that we would need to have 151 paid up first claim members on 5th November to get 2 club places for London Marathon.

1.6 Club Captains

Ladies: Kirsty Bailey reported

A great start to the 2018/2019 season for the ladies teams! Without getting too excited as it is very fresh into the new season, I am pleased to announce that after 2 races our Ladies A team Division 1 are in 3rd spot and Ladies B Division 1 are in 4th spot. We've had a few returning faces with Nicola Sibley and Amy Gaunt competing at Overton and Sally Rowe competing at Solent and a welcome return of a regular face, Anita Crawley who competed at both races.

Suzanne Richardson and Linda Taylor gave solid performances at Solent, supporting one another throughout the race to cross the line together and both improve on last year's times.

We have however only just had enough attendance to make 2 full teams. I'm hoping this is just a slow uptake at the beginning of the season and I know that there have been a few ladies returning from injury. My main focus is to drive further participation over the coming races.

Men: Martin Shaw reported:

There were 15 men for Overton and 16 for Solent half, a good turnout for races that are furthest away.

After just 2 races the league positions are:

A team 5th place in A Division 1

B team 5th place in B Division 1

C team 2nd place in B Division 2

1.7 X-Country Representative.

Paul Welch was unable to attend but reported;

The league has now found a replacement for Bob Ayer in the form of co-chair's Tim Fowler & Avi Govind (both BMHAC I think)

The date and/or the venue for the Portsmouth Joggers XC is yet to be confirmed, I will let everyone know as soon as I do. The website will be kept up to date with further information.

The Cross Country League now has some new resources:

A new website: www.southerncrosscountryleague.co.uk

A Facebook page: www.facebook.com/SCCLUK

A Twitter account: www.twitter.com/SCCLUK

All that is left to say is that I'm very much looking forward to getting the new season started on 28th at Pamber Forest.

1.8 Striders League.

Graham Clarke was unable to attend but reported;

The first race of the 13th season of the Striders' League competition took place on a warm sunny afternoon in Overton in which 21 members earned themselves League points. The second race, the Solent Half saw an even greater participation of 23 members, despite the inclement conditions right up to the start of the race.

It is too early in the season to identify any clear leaders but Linda Taylor is to be complimented on gaining 9 points (gold standard) for her superb performance at Solent. To date, there are 33 participants, 11 of whom have gained points from both races.

The up-to -date score sheets for men and ladies have been put on the website but a small change needs to be made to the HTML code (to ensure the correct wording) before the full results spreadsheet can be inserted.

1.9 Social.

It had been agreed not to replace the Social Secretary position at present. Lee Weeks will continue to organise curry and drink nights. The Christmas party is all booked including the DJ. Terry has organised some raffle prizes and members will be asked to contribute to the raffle. There will be a pre Christmas drinks night around mid November.

1.10 Publicity Officer

There was some discussion around publicity for the Denmead 10k as numbers were down. There had been a good amount of publicity with leaflet drops at races, facebook and good feedback from previous runners. Low numbers may be attributed to the timing of the race with other races around the time. The 10k committee will look at this after this year's event.

2.0 Coaching.

Gary McCawley reported that the new schedule had been well received. There was strong evidence of coaches doing well with several members achieving PBs and new members becoming more confident.

There are some signs of cabling on the pavements on the training routes at Berewood but there is nothing showing on the County website so there should be no disruption, Gary will advise coaches if there are any forthcoming issues.

Gary had attended the HRRL meeting.

- There were assurances that the problems that hampered the start of Overton race would not be repeated.
- There was confusion over race results and if they should be based on chip or gun time – it was confirmed that EA rules state that race results are always based on gun time.
- HRRL were possibly being taken to court for ageism as there was only one prize for the over 60 category but 3 prizes for younger ages at Gosport.
- HRRL mugs would be available at Gosport half.
- League races are filling up very quickly, new races such as Fleet were expected to sell out fast.

3.0 Members Representatives.

Simon Toms was welcomed as a new members representative.

No members had reported problems.

4.0 A.O.B.

4.1 Newsletter – Clare had struggled to get an edition out last month. There was some discussion about whether it needed to be monthly as lots of information is on the website and facebook page. Clare does get plenty of input but it was agreed that the newsletter could move to a quarterly publication.

4.2 Denmead 10k – Rory Heard is looking at succession planning for the Denmead 10k. He will report after this year's race.

Next Meeting

8th January 2019.

Denmead Striders
Income & Expenditure Summary, 1st January 2018 to

09 October 2018

	£	£
Subscriptions, received		3,429.00
Less Paid to England Athletics		<u>(2,301.00)</u>
		1,128.00
Other Income:		
Easy fundraising	122.93	
Interest received	0.43	
Others	-	
	<u> </u>	<u>123.36</u>
NET INCOME AVAILABLE TO CLUB		1,251.36
Less Expenditure		
Affiliations	175.00	
Equipment	-	
Sundry expenses	156.08	
Transport for Ryde Road Race	175.08	
Other Costs		
Awards night, Xmas & other events	1,210.32	
Coaching courses	-	
Denmead Scouts - donation	500.00	
	<u>2,216.48</u>	<u>2,216.48</u>
Club operating Surplus / (Deficit)		<u>(965.12)</u>
Denmead 10K (to date)	<i>Surplus/(deficit)</i>	451.07
	<i>Net Surplus / (Deficit)</i>	<u><u>(514.05)</u></u>

Balance at	01 January 2018	5,022.05
Balance at	09 October 2018	
	<i>Current Account</i>	1,281.57
	<i>Deposit Account</i>	3,000.43
	<i>Cash held</i>	226.00
		<u>4,508.00</u>