

# Denmead Striders Running Club

## Committee Meeting

Date: 12<sup>th</sup> May 2020

Location: Zoom (Virtual Meeting)

Present	Apologies
Clare Welch	Julia Revill
Lisa Peckover	Kirsty Aked
Stuart Hoare	Mel Hunt
Gary Armstrong	
Paul Welch	
Graham Clarke	
Gary McCawley	
Simon Toms	
Nick Giffiths	

### 1. Committee Meeting.

#### 1.1 Club Chairman

Clare Welch reported;

When I took over as chairman I did not think my first committee meeting would be a virtual one!

Just a few things that were organised pre covid and then I will summarise more recent events:

- The Christmas do is booked for the 11<sup>th</sup> December at the RNA again this year. Looked at other venues but were too big/too far etc so decided to stick as is. DJ also booked – obviously this is subject to how everything unfolds for the rest of the year.
- Results – Lisa and I have been discussing the result format and you may notice it looks slightly different now. This is to allow us to collate results in the background and will be easier to aid the club captains with a few more statistics on runners. This will help when looking at the awards for next year as well – most improved etc

In this unprecedented time I have been overwhelmed by the continued team spirit of Denmead Striders. We have had to move into a world of communicating via social media channels one of which I feel is starting to work really well. One of the things I was always keen to do when taking on this role was to ensure we were including all of our members as much as we could. This I hope is making great leaps forward with the use of Facebook and the club website. I would like to thank Graham Clarke for all his work on the website and accommodating my constant ideas to move it forward. I really feel this is starting to work even more for us. We can cover some of the changes when we get to Graham.

The awards night was a real success and thank you to my predecessor Terry for helping to put on a great night. We were also able to upload this onto the website so other members could watch in their own time. Hopefully when we resume to some kind of normal we will be able to celebrate the winners in person – even if it be on a club night.

Since we have been in lockdown I have been doing club announcements via facebook live and updating the website to reflect this. We have been setting weekly themed challenges which appear to have been a success and would like to thank all the striders that are taking part, offering ideas and really getting into the spirit of it.

Thank you also to Gary McCawley for his coaching tips on the specific training areas. I am sure there are plenty of club members that benefit from this.

As mentioned in previous meetings we would like to improve the communication between the Denmead 10k Committee and our committee so welcome Nick to the team. Obviously the race is very up in the air at the moment – Nick can communicate initial thoughts later on.

So as I take the club through Covid times I would like to say a personal thank you Terry for doing a great job as Chairman and I know he will continue to support me in the background as much as he can. I hope that in my new role as Chair I do a good job just like my predecessors and also look forward to welcoming Julia and Lisa in their new roles.

### 1.2 Vice Chairman

Julia Revill had nothing to report.

### 1.3 Club Secretary

The secretary has received the Club Membership Renewal Booklet from the Membership Secretary to complete and send to EA with updated Club Secretary details.

#### Matters Arising from 14<sup>th</sup> January meeting:

EA Mental Health Ambassador – We've yet to hear back from Catherine Arnold, Clare Welch will make contact. **ACTION CW**

Welfare Officer – Gary McCawley has spoken to Tony Laursen who is listed as our welfare officer. However, we have now had a more detailed overview and this role may cover more than Tony thought. Lisa Peckover is going to send the overview to all committee members and contact EA to query if having a welfare officer is mandatory. **ACTION LP**

Membership Representatives – Clare Welch did put details of the clubs representatives in the newsletter.

### 1.4 Club Treasurer

The accounts are appended. Stuart Hoare reported that less was spent on the awards night this year as there was no venue to pay for. If the Denmead 10k does not go ahead we should still be fine financially, only a small amount has been paid out so far. It was agreed that money should be put aside for three coaches CRF courses, recommended by the head coach.

### 1.5 Membership Secretary

Julia Revill was unable to attend but sent the following;

Not much to report, have had one enquiry to join when we can run again but I am not convinced we will have 2 places for London next year.

### 1.6 Club Captains:

Ladies: Kirsty Aked was unable to attend but sent the following;

Nothing to report that hasn't already been captured for the AGM. Would like to thank Gary McCawley and Clare Welch for keeping us motivated and informed through FB training updates, Wednesdays FB live announcements and challenges.

Men: Gary Armstrong had nothing to report

## 1.7 X-Country Representative.

Paul Welch had nothing to report as the XC season has finished and he has not heard anything from the SCCL committee. The offer of being involved in a Wednesday night XC league was declined.

## 1.8 Striders League.

Graham Clarke reported;

### **1. Preamble**

It is unfortunate that, due to the coronavirus crisis and subsequent "lockdown", this year's Striders' League competition has been brought to a premature termination. The remaining five HRRL races of the season (Salisbury 10, Alton 10, Netley 10k, Alresford and Lorshill 10k) and the four additional League races (Bramley 10/20 (due to flooded course!), London/Southampton Marathons, Hayling Billy 5 and QECP Summer Cross Country) have all been cancelled/ postponed. Consequently it has only been possible for members to earn League points from participation in 7 road races out of a planned maximum of 16 races.

Fortunately, all six races in the Southern Cross Country League took place (almost) as planned.

### **2. League status at March 1<sup>st</sup> 2020**

Following completion of the cross country season at Alice Holt Forest on March 1<sup>st</sup> (the last League race to have taken place) the status of the League was as follows:

- 69 Striders (27 ladies, 42 men) had taken part in at least one League race.
- 23 ladies and 30 men have earned points from road races.
- 18 ladies and 32 men have earned points from the cross country races.
- Out of the road races, 3 ladies and 7 men have completed at least 6 races thereby earning themselves at least 10 bonus points in accordance with the rules of the league.
- 5 ladies and 17 men competed in at least 4 road races and would therefore have the potential to earn points from the maximum of 12 races if all the races in the League had taken place as planned.

### **3 Proposed method for determining the winners for 2019/20 season**

It is proposed that the following procedure is adopted to determine the winners for this year. It is hoped that this is the fairest way to ensure that all members are being assessed on equal terms.

1. The points earned from the cross country races should still stand. This will put a higher weighting on the cross country results in comparison with the road races than normal but, as the spirit of the League is to encourage participation in BOTH the road race and cross country leagues, I would not have thought that this would raise any major objection from the competitors.
2. For the road races, members can normally earn points from up to 16 races but only the 12 best results count towards their total score i.e. only 75% of the races count. For this year I propose that only the best 75% of the seven races which did take place count towards the final score i.e.  $75 \times 7 = 5$  races (rounded to the nearest integer).
3. For this year only, bonus points will be dropped. (I did look at the effect of awarding bonus points on completion of 3 races but it didn't affect the final results!)

### **4 Final Results**

On the basis of the method outlined in paragraph 3 and the agreement of this approach from the committee, the final results of the 2019/20 Striders' League are:

## **LADIES**

1st	Jenny Parks	74.5 pts
2 <sup>nd</sup>	Lisa-Marie Peckover	71.3 pts
3 <sup>rd</sup>	Kirsty Aked	67.2 pts
4 <sup>th</sup>	Clare Welch	51.6 pts
5th	Linda Taylor	44.7pts

## **MEN**

1 <sup>st</sup>	Rob Wilson	77.6 pts
2 <sup>nd</sup>	Gary Armstrong	74.8 pts
3 <sup>rd</sup>	Paul Welch	73.5 pts
4 <sup>th</sup>	Roger Jones	72.6 pts
5 <sup>th</sup>	Gary McCawley	72.5 pts

Congratulations to all the above and everybody who took part in the competition!

Despite the new scoring system some of the results are very close – particularly between Roger Jones and Gary McCawley!

I will publish these results on the website together with an explanation of how these final results have been calculated.

### 1.9 Social.

Clare Welch has received a good amount of interest in the possibility of a virtual quiz night. She will look to arrange this in the coming weeks. **ACTION CW**

The Christmas party venue and DJ has been booked for the 11<sup>th</sup> December at the RNA club. Other venues were looked into.

### 2.0 Coaching.

Gary McCawley has asked if enough money can be put aside for 3 more coaching courses. Paul Welch and Steve Trevena have expressed their interest in attending another course. Paul Welch has had an email regarding free online coaching courses. It was agreed Gary McCawley will send this on to all the clubs coaches. **ACTION GM**

### 3.0 Members Representatives.

Simon Toms put forward an idea for when the current lockdown restrictions are lifted regarding the possibility of sending different levels to separate training sites to keep group numbers to a minimum. Gary McCawley had similar ideas. To be discussed further at the next meeting when we may have an update on restrictions.

Mel Hunt had nothing to report.

#### 4.0 Denmead 10k Committee.

Nick Griffiths reported;

**Race committee have now met twice**, once initially f2f, once virtual, and the latest we've pushed back due to how little progress we can make at the moment.

**Course marking is being put on hold for the time being**, HW consulting with the fella. Was due to be done on Saturday. HW getting old race signs when he is able, at that point we'll do an inventory of what we've got, and what we need.

**Chip timing**- abandoned idea for this years race, we'll go old skool. Mix of current climate and the potential providers public melt downs have led to that decision.

**Medals**- Lead-in time increased to 12 weeks, in order to ensure we cater for further delays we need to make a decision on purchase by mid-June. Medals themselves will hold value for future races, we're just waiting on breakdown of costs so we can be sure how much the 2020 ribbons will cost, as this will obviously have to be written if the race does not proceed.

**As a race committee we put a hold on proceeding with what we need to get tickets on sale**, primarily first aid. SJA won't entrain the idea of event booking until the end of June at the earliest, Richard Inskip has provisionally agreed to provide cover (and comms), but committee are happy to wait until the end of June and SJA- if they can do it.

**£50 deposit has been paid to the scout hut** who have got that booked out for us, but we're still waiting on the parish council to confirm if we can use the field/ car park. Meetings have been pushed back, however they informed us they would have it back on the agenda at the beginning of May, but not yet heard.

**Road closure application** went in, **police have been notified** (but not acknowledged- will wait to chase....)

#### 5.0 A.O.B.

5.1 The newsletter on hold for the moment. However, more photo's/content is being uploaded to the website and Clare Welch has also started live streaming Wednesday's announcements.

5.2 Additional Coaches – We currently have 10 coaches but it thought there is not enough spread of coaches for the higher levels. It is thought Martin Parfitt has a coaches qualification. Gary McCawley is going to contact him.

**ACTION GM**

5.3 Denmead Road Markings – After a club member painting the rep markers back on the road they have been covered over with black paint again. The Chairman is going to reiterate that no club member should paint the rep markers.

5.4 The Chairman has asked that all committee members provide her with details of their roles.

**ACTION ALL**

5.5 Coaches Kit – Gary McCawley is going to contact all coaches to discuss the possibility of new kits.

**ACTION ALL**

5.6 Club Championship – In the absence of the Lordshill 10k this year ideas were put forward about how we could replace it. Among those ideas were running the Denmead 10k in training or using Stubbington 10k in January. It was agreed to be discussed in further detail at the next committee meeting.

#### Next Meeting

To be arranged

**DENMEAD STRIPERS RUNNING CLUB****Income & Expenditure**

For the period

01 January 2020

to 30 April 2020

	Year Dec 19		Year Dec 19	
	£	£	£	£
Balance 1st January 2020	4,483.60	5,022.05		
<b>INCOME</b>			<b>EXPENDITURE</b>	
Subs (current) £26	2,995.00	3,525.00	Affiliations	
Subs (next year) £26	-	241.00	England Athletics	1,890.00
			E.A. Club Membership	150.00
			Hampshire AA	100.00
			SEAA	-
Interest received	2.36	1.92	Hants Road Race League	-
			SCCL	-
			Other	-
Sundries:			Sundries:	
Great South Run	-	-	Website/Domain	155.94
Easy fundraising	-	151.24	Stationery, inks, etc.	-
Grant for First Aid Training	-	-	Denmead Scouts	-
Other Income	-	-	Summer Xcountry	-
Other Income	-	-	Pop-Up Tent	-
Other Income	-	-	Auditor gift	-
Extra Subs rec'd	-	-	Other	-
Other			Events:	
			Awards Night	828.54
Social Events	-		Ryde 10 transport	139.20
Xmas Raffle		300.00	Social Events	57.00
			Others:	
			Coaching Courses	140.00
<b>Club Income</b>	<b>2,997.36</b>	<b>4,219.16</b>	<b>Club running costs</b>	<b>3,460.68</b>
<b>Events:</b>				<b>5,122.43</b>
Denmead 10K	-	2,263.41	Denmead 10K	50.00
				2,232.25
	<b>2,997.36</b>	<b>6,482.57</b>		<b>3,510.68</b>
				<b>7,354.68</b>

**Summary .....****Club funds balance, at start of period**

01 January 2020

4,483.60

**Surplus / (Deficit) on club running costs****(463.32)**

4,020.28

**Denmead 10k surplus (to date)****(50.00)****Club funds held**

30 April 2020

3,970.28