

Denmead Striders Running Club

Committee Meeting

Date: 20th April 2021

Location: Zoom (Virtual Meeting)

Present	Apologies
Clare Welch	Julia Revill
Lisa Peckover	Mel Hunt
Nick Giffiths	Stuart Hoare
Kirsty Aked	Gary Armstrong
Paul Welch	
Graham Clarke	
Gary McCawley	
Simon Toms	
Del King	

1. Committee Meeting.

1.1 Club Chairman

Clare Welch reported;

As we head well into 2021 we are still having to meet virtually but with confidence growing we have been able to resume training and we are even starting to see some races appear in the diary.

Whilst the club is still a bit in limbo with seemingly no detail on the HRRL and Cross Country league I am hopeful that by the end of the year we will be able to resume properly as a club.

Once again thank you to Gary for being our constant throughout all of this. Updating the members with the weekly training and putting together the summer schedule, I know is greatly appreciated by everyone. Hopefully with the June target date we will be able to all train together, something that has always been quite unique within our club.

1.2 Vice Chairman

Del King reported;

Nothing major to report. Asked if the club should be doing or could offer dynamic stretches pre and post training sessions. A discussion was had, the coaches had tried to introduce this before with not much interest. We will look into this again when the club can train together as one group.

1.3 Club Secretary

Lisa Peckover reported;

England Athletics

England Athletics fees for 2021/22 are fixed again at £15.

I am being asked by England Athletics to update our portal with a new Welfare Officer as Tony Laurenson who is listed has an expired DBS check. I'm also being asked to update our Marketing/Communications Contact. However, I cannot see who this is supposed to be on the portal, so am sure we've never had one.

We need to find out if a Marketing/Comminucations contact is needed.

ACTION LP

Details about welfare officer to be sent to Kirsty and Nick.

ACTION LP

Also, there are coaches listed with no licences. Kev Raymond and Julia Revill. And John Rattley is listed as Coaching Co-ordinator with no licence.

Kev to be removed. Julia will be asked to update her licence.

ACTION GM

John Rattley to be contacted.

ACTION LP

London Marathon

I have now received information about this years London Marathon:

All clubs that had places in 2020 will be offered the same number of places for each of the 2021 and 2022 events, minus their number of deferred club entries from 2020.

For example, Club A had four places in 2020. Three of their runners deferred to 2021 and one to 2022. Therefore, Club A will be allocated one additional place in 2021 and three additional places in 2022, meaning they will have a total of four entries in each year.

This process is therefore an allocation of new places rather than an invitation to apply for new places.

We will contact all Club Secretaries with places in the 2020 event to confirm their allocation for 2021 and 2022 by the end of April.

In respect of this I do not think we will be allocated any places for 2021.

Matters Arising from 12th January meeting:

Membership Fees – A reminder to pay subs was put out on the website and facebook.

Striders League/Challenges – Graham has put together an idea for a virtual Striders league.

1.4 Club Treasurer

Stuart Hoare reported;

Membership

Current state of play with Members – 108 paid to date (last year's total was 148..!!)

We have added those who have paid to England Athletics, as individuals membership was due for 31st March 2021.

I have a list of those who were members of the club for 2020 which have not paid as yet for this year.....!

Finances

Costs paid out:

England Athletics – Membership for club £150

England Athletics – members fees £1,680 (based on those who have paid)

Denmead 10K – £958 paid for the medals this week (further costs will follow nearer the time).

This leaves bank balances of: £900 in the current account & £2,000 in the deposit balance

1.5 Membership Secretary

Julia Revill reported;

Nothing to report but I think that the only motivation we need is for races to open up and everyone will turn up again.

1.6 Club Captains:

Ladies: Kirsty Aked reported that Solent Half Marathon has already been cancelled for this year. HRRL are not giving out much information about this years league going ahead or not.

Men: Gary Armstrong had nothing to report.

1.7 X-Country Representative.

Paul Welch had nothing to report.

1.8 Striders League.

Graham Clarke reported;

Since the number of HRRL races which will occur during 2021 is very uncertain, it will not be possible to run the traditional Striders' League competition again this year. It is therefore proposed that, for a bit of friendly competition, a "virtual" competition is held this summer along similar lines to the usual competition with a similar scoring system to that used in previous years based on age and performance points being awarded according to the age grade achieved for each "event".

This is very much at the draft stage for discussion but I see the main ingredients to be as follows:

1. The completion will be based on the results from eight events held at (say) fortnightly intervals throughout the summer.
2. The programme of events will consist of "races" over the following distances: 2 x (5k, 10k, 10miles half marathon).
3. For variety, each "event" will be run over one of eight different routes to be defined for each distance. These routes will generally start and finish in Kidmore Lane.
4. Again, for variety, the order of events will be something like 5k, 10 miles, 10k, half marathon, 10 miles, 10k, half marathon, 5k.
5. Every competitor will run the same route for each event during the week in which the event is specified to occur.
6. Competitors are responsible for their own timing and should submit their times to Graham Clarke before the end of the week of the event. Graham will collate and publish the results after each event.
7. Points will be awarded to each competitor using the same method as used for the Striders League using the Age Related Grading tables defined by Howard Grubb (2006).
8. After eight events have been completed, members' final scores will be their best six results. This will ensure that not everyone will need to run a half marathon distance to be in with a chance of winning.
9. Prizes will be awarded to the first three ladies and first three men.
10. Clearly, the whole competition is relying on the honesty of the competitors in their times submitted. However, it is also proposed that the prize winners will need to submit evidence of their times (e.g. from Garmin Connect trace etc) at end of competition.
11. The competition will be open only to paid up club members! Any member who has not paid his/her subs at the time of a particular race will forfeit their score for that race.

First task will be to define the eight routes. One will be the Denmead 10k.

This was discussed and will possibly start at the end of May.

ACTION GC

1.9 Social.

Christmas Party – All being well this will be held at the RNA Club on 10th December. **ACTION CW**

2.0 Coaching.

Gary McCawley had nothing major to report.

Gary has started looking at the summer schedule and the possibility of different venues from the 19th May.

3.0 Members Representatives.

Simon Toms had nothing to report.

Mel Hunt had nothing to report.

4.0 Denmead 10k Committee.

Nick Griffiths update:

- Scout Hut booked inc refreshments
- Car park and field, to be discussed at the next parish council meeting in May
- First Aid cover- still waiting on SJA to respond
- Comms kit- yet to be arranged
- Police- notified of race date and shared race management plan- acknowledged by Winchester Police.
- Road Closure- application with Winchester Council submitted
- Adjusticatoirs- booked
- Run Britain tickets- we can't get event online until we have confirmed First Aid cover
- Course Measurement- UPDATE- booked for 2nd May.
- Medals- UPDATE- order has been submitted by Rick, club has paid, few weeks to wait for delivery.

5.0 A.O.B.

5.1 Awards Night – Discussions were had about the possibility of an awards night next year. This could be based on the proposed Striders Virtual League.

5.2 – Denmead 10k – Look into putting this on towards the end of summer one evening for club members, who receive a medal.

Next Meeting

20th July 2021