

Denmead Striders Club 10k Results

31st May 2023

1 st Place Male	Mark Bicknell	1 st Place Female	Hannah Curtis
2 nd Place Male	Mike Harrison	2 nd Place Female	Kayleigh Gyles
3 rd Place Male	Julian Manning	3 rd Place Female	Nikki Thomas

Position	Name	Time	2022 time
1	Mark Bicknell	37'18	37'44
2	Mike Harrison	37'49	39'07
3	Julian Manning	38'10	36'57
4	David Pearson	39'45	
5	Rob Wilson	40'21	
6	Gary Armstrong	40'22	40'19
7	Key Gale	40'39	40'04
8	Stuart White	40'40	
9	Ollie Craig	40'51	
10	David Noble	41'12	
11	Paul Saunders	41'37	
12	John Aldwinkle	42'13	
13	Gavin Roberts	42'20	
14	Chris Corn	42'59	
15	Lee Weeks	43'05	41'30
16	Rob Moore	43'23	45'15
17	Mat Sibley	43'29	43'48
18	Dan Starkey	43'30	42'03
19	Tim Collins	43'33	
20	Tom Cole	44'00	
21	Hannah Curtis	44'44	
22	Kayleigh Gyles	45'15	49'16
23	Steve Wooton	45'44	
24	Paul Welch	45'45	45'09
25	Owen Cole	46'46	
26	Nikki Thomas	46'49	
27	Steve Knight	46'59	
28	Martyn Palmer	47'34	
29	Jeffrey Streeter	47'37	48'08
30	Martin Groom	48'02	
31	Charlie Mitchell	49'07	
32	Andy Newcombe	49'39	
33	Ben Edmonds	49'54	
34	Lawrence Blake	50'55	
35	Gemma Heggs	51'05	
36	Dawn Banting	51'05	

Position	Name	Time	2022 time
37	Del King	51'05	48'59
38	Matt Sargent	52'06	
39	John Malthouse	52'14	51'38
40	Lisa Marie Peckover	52'18	46'24
41	Suzanne Richardson	52'20	
42	Rory Heard	53'00	
43	Gavino Carboni-Valdez	53'15	
44	Alison Greasley	53'24	
45	Peter Vanderlugt	55'06	
46	Caroline Whiting	55'36	56'35
47	Becky Shepard	56'15	
48	Lara Eaton	56'46	
49	Martin Shaw	56'46	
50	Jenny Parks	57'20	56'55
51	Paul Reynolds	57'48	
52	Kevin Hewitt	57'52	
53	Slavena Jenson	57'54	56'31
54	Rob Capel	58'52	
55	Gareth Bowden	58'59	
56	Meg Roberts	59'03	
57	Gary McCawley	01'00'29	51'46
58	Marie Wiles	01'00'33	56'19
59	Pete Murphy	01'00'46	
60	Paul Marshall	01'01'02	
61	Karis Yates	01'01'04	
62	Rachael Harrison	01'02'30	55'04
63	Linda Taylor	01'02'31	
64	Terry Aked	01'04'53	56'26
65	Cathy Price	01'06'30	
66	Robin Yates	01'07'07	
67	Steve Trevenna	01'07'07	53'10
68	Brent Latham	01'14'48	
69	Simon Price	01'14'48	1'07'12
70	Graham Clarke	01'19'44	1'07'13
71	Brian Harris	01'19'44	1'23'42