

## Fastest Times - 2019

Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
Angie Agate	Parkrun	Victory		Hayling	Festive		
	00:25:06	00:38:09		01:29:02	01:52:39		
Kirsty Aked	Parkrun	Overton	Stubbington	Salisbury	Solent		Soton
	00:20:05	00:33:07	00:41:48	01:05:39	01:29:08		03:08:07
Terry Aked	Parkrun		Stubbington	Salisbury	Soton		
	00:25:00		00:51:14	01:26:34	01:58:11		
John Aldwinkle			Denmead	Great South			
			00:37:49	01:00:18			
Sophie Allen	Parkrun		Eastleigh	Great South			
	00:25:44		00:53:46	01:35:30			
Pamela Antoinette				Great South			
				02:20:02			
Gary Armstrong	Parkrun	Overton	Stubbington	Salisbury	San Diego		London
	00:17:45	00:30:02	00:36:36	01:01:33	01:21:33		03:09:14
Catherine Arnold		Victory		Great South	Gosport		Athens
		00:37:38		01:17:37	01:44:32		04:16:37
Lawrence Bacon			Stubbington				
			00:51:55				
Nick Bailey	GNR	Romsey	Stubbington		Festive		
	00:34:12	00:59:35	01:17:17		03:31:08		
Christina Ball				Great South	Great North		Chester
				01:18:51	01:50:05		04:06:15
Gerard Beauvoisin	Parkrun			Great South			
	00:24:19			01:18:23			
Michael Batchelor			Denmead				
			00:56:07				
James Berry	Parkrun						
	00:25:03						
Helena Bolam	Parkrun		Winchester				
	00:27:56		00:58:59				
Graham Bowpitt	Parkrun		Sidmouth	Bicton			
	00:21:28		00:47:50	01:31:22			
Darren Butwell							
Jessica Brimecome	Parkrun	Victory	Stubbington				
	00:22:05	00:36:19	00:45:03				
Katie Brown	Gosport			Great South			
	00:32:22			02:07:05			
Poppy Bruffell	Parkrun		Stubbington		Fleet		Soton
	00:20:55		00:39:50		01:29:25		03:29:56
Simon Burrough			Stubbington		Fleet		Soton
			00:39:50		01:29:25		03:29:56
Ian Carden				Alton			
				01:20:32			

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Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
Adam Chant	Parkrun	Hayling	Stubbington	Salisbury			
	00:17:39	00:30:29	00:37:34	00:59:59			
Matthew Cheyney	Parkrun		Stubbington	Ryde	Thorpe	Wickham	London
	00:19:50		00:38:17	01:07:16	01:26:00	02:22:51	03:16:38
Graham Clarke	Parkrun		Netley	Salisbury	Fleet		
	00:26:22		00:53:11	01:27:29	01:55:30		
James Cocksedge	Parkrun		Eastleigh	Salisbury			
	00:24:02		00:49:12	01:34:22			
Owen Cole	Parkrun	Victory	Southwick	Hayling	Gosport		
	00:20:35	00:33:01	00:46:39	01:20:03	01:44:05		
David Colenutt	Parkrun	Hayling	Stubbington				
	00:25:55	00:44:40	00:58:06				
Steven Colmer							
Nick Constable							
Simon Cooper			Eastleigh				
			00:44:15				
Chris Cornwell	GRL		Stubbington		Fleet		Soton
	00:19:20		00:38:44		01:29:35		03:28:59
Tracey Crank				Salisbury			London
				01:38:50			05:06:14
Anita Crawley	Parkrun		Lordshill	Salisbury	Fleet		
	00:25:58		00:53:33	01:34:38	01:59:02		
Hannah Curtis	Parkrun	Hayling	Stubbington	Great South	Gosport		Res Run
	00:21:55	00:35:53	00:43:40	01:11:39	01:35:12		03:36:48
Gary Edmonds	Parkrun			Hayling			
	00:21:02			01:25:30			
Christopher Ellis		Hayling	Stubbington				
		00:39:38	00:51:12				
John Field	Parkrun		Denmead				
	00:22:32		00:46:17				
Lauren Field	Parkrun		Denmead				
	00:27:14		00:54:10				
Kev Gale	Parkrun	Hayling	Lordshill	Salisbury			London
	00:19:49	00:32:01	00:41:58	01:05:43			03:11:42
Steven Gardener							
Amy Gaunt	Parkrun		Knowle				
	00:25:06		00:51:44				
Richard Gray							

## Fastest Times - 2019

Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
Sarah Hadfield					South Downs		
					02:17:52		
Sasha Harding	Parkrun						
	00:23:50						
Brian Harris	Parkrun	Overton	Lordshill	Alton	Solent	Bramley	
	00:31:44	00:53:41	01:04:25	01:54:33	02:32:30	04:29:33	
Michael Harrison	Parkrun	Hayling	Lordshill	Great South	Solent		
	00:18:35	00:31:01	00:38:54	01:04:45	01:25:38		
Colin Haynes	Parkrun			Great South			
	00:23:56			01:28:58			
Rory Heard							
Gemma Heggs	Airport Runway				Portsmouth		
	00:21:28				01:39:27		
Roland Hill	Parkrun		Stubbington				Seville
	00:19:51		00:37:51				03:07:23
Stuart Hoare	Parkrun	Hayling	Stubbington	Salisbury	Fleet		Manchester
	00:24:55	00:39:24	00:50:26	01:19:41	01:49:02		04:18:03
Trevor Holloway	Parkrun						
	00:25:11						
Melanie Hunt	Parkrun						
	00:24:36						
Sean James	Parkrun		Netley				
	00:25:57		00:55:40				
Slavena Jenson			Hambledon		Hertfordshire		Soton
			00:59:03		02:05:04		04:50:23
Antony Johnson	Parkrun						
	00:33:45						
Tillie Johnston	Parkrun		Stubbington	Great South	Gosport		
	00:21:34		00:44:44	01:11:19	01:38:03		
Roger Jones	Parkrun	Victory	Stubbington	Hayling	Gosport		
	00:20:54	00:35:15	00:45:04	01:19:09	01:48:35		
Ruud Jonkers	Lakeside	Victory	Lordshill	Hayling	Solent		Brighton
	00:18:14	00:29:19	00:40:04	01:14:10	01:33:21		03:37:52
Del King		Overton		Hayling	Gosport		Bournemouth
		00:36:58		01:17:28	01:44:01		04:00:54
Lee King		Overton		New Forest	Solent		
		00:40:58		01:28:28	01:55:04		
Tony Laurenson	Parkrun						
	00:25:12						
Bekki Leaves	Parkrun	Victory	Southwick	Hayling	Gosport		
	00:23:40	00:37:10	00:50:02	01:21:03	01:48:52		

## Fastest Times - 2019

Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
Matthew Madill	Parkrun	Victory	Wyvern	Salisbury	Reading	Datchet	Liverpool
	00:18:24	00:33:07	00:39:07	01:04:15	01:28:41	02:31:38	03:21:05
Peter Maisey	Parkrun						
	00:32:04						
John Malthouse	Parkrun		Stubbington	Ryde	Solent		
	00:21:19		00:42:59	01:14:27	01:44:41		
Julian Manning	Parkrun		Stubbington	Salisbury	Gosport		London
	00:16:46		00:33:52	00:55:55	01:18:21		02:51:24
Natalie March				Hayling			
				01:33:13			
Lee Mawson	GRL				Soton		
	00:19:17				01:30:16		
Graeme McCartney	Parkrun		Denmead	Great South			
	00:27:05		00:51:20	01:24:17			
Gary McCawley	Lakeside	Victory	Stubbington	Hayling	Solent		
	00:23:21	00:37:12	00:47:50	01:19:26	01:49:19		
Martin McKinlay	Parkrun		Stubbington				
	00:19:04		00:40:44				
Alan McVittie	Lakeside	Victory	Stubbington	Salisbury	Solent		
	00:20:50	00:34:40	00:42:25	01:12:23	01:38:45		
Peter Murphy	Parkrun						
	00:26:21						
Rich Murphy	Great South	Overton	Barns Green	Great South			
	00:16:40	00:28:04	00:35:55	00:57:26			
Dave Middleton							
Nicholas Minter	Parkrun		Stubbington		Fleet		
	00:20:13		00:43:48		01:38:03		
Rob Moore			Wickham	Hayling			
			00:43:55	01:12:28			
Rose Morris	Gosport			Great South			
	00:32:23			02:07:05			
Claire Parfitt	Parkrun						Portsmouth
	00:23:57						04:24:55
Martin Parfitt	Parkrun			Great South			
	00:20:46			01:06:17			
Jenny Parks	Parkrun	Victory	Lordshill	Salisbury	Gosport		
	00:30:54	00:41:34	00:53:24	01:27:06	01:55:17		
Rachael Peach	Clanfield	Hayling	Alresford	Great South			
	00:29:02	00:43:07	00:57:40	01:36:08			
Catie Pettit			Goodwood		Bournemouth		
			00:52:52		02:04:52		
Lisa-Marie Peckover	Parkrun	Overton	Stubbington	Salisbury	San Diego		
	00:21:57	00:36:54	00:44:59	01:14:05	01:41:01		
Mark Pelley							

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Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
Christine Perrior				Great South 01:54:17	Gosport 02:31:41		
Darren Phillips	Parkrun 00:21:35		Wyvern 00:45:50	Ryde 01:17:02	Festive 01:48:06		Loch Ness 04:36:46
Joe Pymont			Wickham 00:59:10	Great South 01:43:15			
John Rattley	GRL 00:35:47						
Sue Rattley	Parkrun 00:31:33						
Kev Raymond	Parkrun 00:21:51						
Julia Revill	Parkrun 00:31:07		Arundel 01:31:14	Ryde 01:50:11			Breckland 05:50:00
Suzanne Richardson	R'berance 00:22:47	Victory 00:35:38	Netley 00:45:37	Great South 01:14:35	Fleet 01:38:46		London 03:41:20
Shaun Robinson	Parkrun 00:23:42						
John Rogers				Great South 01:14:10			
Peter Roper	Parkrun 00:20:32			Great South 01:09:25			
Sally Rowe				01:23:34	01:44:13		Portsmouth 04:24:53
Dennis Sanderson	Parkrun 00:30:52						
Charlotte Saunders				Great South 01:37:01			
Paul Saunders	GRL 00:20:40						
Sara Saunders	Parkrun 00:24:39						
Martin Shaw	Parkrun 00:22:00		Stubbington 00:44:55		Fleet 02:25:32		
Daniel Shawyer	GR Local 00:19:14	Victory 00:32:32	Stubbington 00:39:22	Salisbury 01:07:41	Gosport 01:29:41		
Nicola Sibley	Parkrun 00:26:24						
Alasdair Skelley	Parkrun 00:22:05						
Nat Southgate			Goring 00:56:06				
Dan Starkey	Parkrun 00:19:33	Hayling 00:32:15	Stubbington 00:41:02	Salisbury 01:05:12			
Liz Steward	Parkrun 00:21:32		Stubbington 00:43:16	Ryde 01:12:57	Fleet 01:31:39	Wickham 02:40:13	

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Name	5k	5M	10K	10M	1/2 Mar	20M	Mar
George Sutherland	Lakeside		Stubbington	Great South	Portsmouth		Brighton
	00:18:02		00:37:42	01:01:07	01:22:29		02:59:23
Jeffrey Streeter		Victory	Ageas	Hayling	Gosport		London
		00:37:13	00:48:58	01:21:35	01:47:29		04:35:27
Claire Taylor	Parkrun		South Downs		White Horse		
	00:29:55		00:57:14		01:56:34		
Linda Taylor	Parkrun	Victory	Lordshill		Fleet		S'speare
	00:22:37	00:35:54	00:45:18		01:44:49		03:53:40
Lisa Taylor	Parkrun			Great South			London
	00:26:04			01:35:34			04:23:21
Michael Taylor	Parkrun	Victory	Piggy Plod	Hayling	Fleet		
	00:24:23	00:42:15		01:22:35	01:50:15		
Ali Thomas	Parkrun						
	00:27:54						
Simon Toms	Parkrun		Stubbington	Salisbury			
	00:24:03		00:42:09	01:10:35			
Rick Toovey	Parkrun						
	00:21:46						
Steve Trevena	Parkrun						Soton
	00:44:35						04:28:16
Lee Weeks	Parkrun		Lordshill	Ryde	Gosport		SD M'night
	00:18:36		00:38:02	01:05:45	01:28:57		05:10:32
Clare Welch	Parkrun	Hayling	Stubbington	Salisbury	Gosport		
	00:26:35	00:44:32	00:54:51	01:29:27	01:59:45		
Paul Welch	Parkrun	Victory	Stubbington	Salisbury	Portsmouth		Moreton
	00:20:07	00:34:15	00:40:52	01:07:41	01:31:28		04:00:20
Grahame White	Parkrun						
	00:28:01						
Caroline Whiting		Victory	Stubbington	Salisbury	Fleet		
		00:45:07	00:54:08	01:28:30	02:01:21		
Denise Williams	Parkrun						
	00:33:38						
Neil Williams		Victory	Lordshill	Great South	Solent		
		00:28:24	00:35:48	00:59:10	01:18:15		
Emma Wilson							
Mark Wilson			Netley	Alton			Manchester
			00:52:11	01:30:32			04:13:06
Rob Wilson	Parkrun	Victory	Stubbington	Great South	Gosport		
	00:17:53	00:29:27	00:37:28	01:00:11	01:23:26		
Harry Woodroof	Parkrun			Harting	Gosport		
	00:24:35			01:29:43	02:01:27		
Jane Woodroof	Parkrun		Stubbington	Harting	Chichester		
	00:29:13		00:58:58	01:56:10	02:30:27		
Nicholas Woodroof	Parkrun		Stubbington	Harting	Cranleigh		Beachy Head
	00:20:06		00:44:00	01:15:51	01:43:40		05:07:18