

Denmead Striders Running Club

Committee Meeting

Date: 12th January 2023

Location: Elizabeth Road, Waterloooville

Present	Apologies
Clare Welch	Graham Clarke
Lisa Peckover	Nick Griffiths
Julia Revill	
Gary Armstrong	
Paul Welch	
Gary McCawley	
Del King	
Simon Toms	
Dawn Banting	
Stuart Hoare	
Samantha Morris	
Christina Ball	

1. Committee Meeting.

1.1 Club Chairman

Clare Welch reported;

As we start a brand new year full of hope and potential PBs would like to say a massive thank you to all the committee for their hard work and support in 2022.

It was great to have a year full of training, races with PBs a plenty and socialising. On reflection as a club, I think it was a pretty successful year.

I am excited for the year ahead. Our longer standing members seem to be getting their zest for running back and a nice flurry of new members are definitely getting into the striders spirit. The Cross Country league has a great buzz about it with more people giving it a go and we are seeing more club members attend the HRRL races too.

With all the brilliant performances last year choosing candidates for the awards night is definitely going to be an interesting one.

Thoughts/plans from me for 2023 are:

- Continue with the communication within the club and introduce a "New Members Pack"
- Hold a few more social events throughout the year with another skittles night, maybe a quiz night summer bbq/gathering and if everyone supports another Christmas party.
- Get the hoodies online so members are able to order themselves and introduce some other clothing such as after race tops, buffs and maybe even Jackets
- Investigate club kit options and get feedback from members on this as I know not everyone is a fan of the material of the current kit (myself included)
- As always welcome any improvements and other ideas

1.2 Vice Chairman

Del King had nothing to report.

1.3 Club Secretary

Lisa Peckover had a few minor updates;

DBS Verification had been completed for Gemma Heggs.

London Marathon – We have been allocated 1 place for next year.

EA Portal Coaches – LP asked the committee if she can now remove Graham Bowpitt from the portal as a coach as he is not showing as licenses anymore. Everyone agreed.

Club Standard documents, some still outstanding.

Matters Arising from 27th October 2022 meeting:

Welfare Officer – Paul Welch will need to be added to the website when the courses are completed.
Paul has now signed up for a course. **ACTION PW & LP**

Club Documents – Lisa to sit down with Clare Welch to go through documents we need to complete.
Still outstanding. **ACTION LP**

Food Bank Run – A date needed to be agreed.
A date was agreed. 22nd February 2023. **ACTION LP & DK**

Website – Graham Clake looking into taking down a website with out old web address. **ACTION GC**
See AOB for update.

1.4 Club Treasurer

Stuart Hoare reported;

The club has collected a number of subscriptions for the new year, and these are being received to the new bank account, meaning the communication to members through the website and other means is working.

Being early in the year the club has not incurred much expenditure, currently the club has £3,300 held in the current and a further £2,000 held in a reserve account.

I attach a copy of the figures covering the past year for review, these will form the results to be put to the AGM in March, these show a deficit on the general funds to the club while a surplus in cash terms for the Denmead 10K.

1.5 Membership Secretary

Julia Revill reported;

So far 73 members have paid their membership fee. A reminder is to go out to new members about completing the form.

1.6 Club Captains:

Ladies: Christina Ball reported:

21 Ladies have now competed in at least one race.

Latest Races:

Third HRRL Race – Hayling 10 Mile

12 Ladies competed, which gave us 2 full teams.

The A Team came 6/10, The B Team 2/10

Forth HRRL Race – Gosport Half Marathon

6 Ladies competed, which gave us 2 full teams.

The A Team came 6/10, The B Team 11/10

Fifth HRRL Race – Victory 5 Mile

9 Ladies competed, which gave us 2 full teams.

The A Team came 5/10, The B Team 1/10

Sixth HRRL Race – Stubbington 10k

11 Ladies competed, which gave us 2 full teams.

HRRL has not been updated yet to know a breakdown of the A and B teams.

Men: Gary Armstrong reported;

The league has really improved for us after six races as more men have been signing up to races. There's a lot of new faces along with the regulars which is promising.

24 Men have now competed in at least one race.

Latest Races:

Third HRRL Race – Hayling 10 Mile

17 Men competed, which gave us 3 full teams.

The A Team came 6/10, The B Team 6/10 and The C Team 2/20

Forth HRRL Race – Gosport Half Marathon

13 Men competed, which gave us 3 full teams.

The A Team came 7/10, The B Team 11/10 and The C Team 10/20

Fifth HRRL Race – Victory 5 Mile

12 Men competed, which gave us 3 full teams.

The A Team came 7/10, The B Team 10/10 and The C Team 11/20

Sixth HRRL Race – Stubbington 10k

15 Men competed, which gave us 3 full teams. We came in 10th as a team out of 38 clubs.

HRRL has not been updated yet to know a breakdown of the A, B and C teams.

After five races as the league hasn't been updated with Stubbington yet, latest positions:

Teams

The A team are 6th out of 10 in A Division 1 (up one from 7th)

The B team are 10th out of 13 in B Division 1 (We hadn't had a B Team yet in the last meeting)

The C team are 9th out of 21 in B Division 2 (We hadn't had C Team yet in the last meeting)

2022-23 League Races - Upcoming

Ryde 10 Miles – 5th February 2023 (Entries open – currently 12 men entered)

Salisbury 10 Miles – 26th March 2023 (SOLD OUT – 15 men entered)

Alton 10 Miles – May 2023 (Date to be finalised)

Netley 10k – 21st May 2023 (Entries open – currently 1 man entered)

Alresford 10k – 18th June 2023 (Entries open)

Lordshill 10k – 2nd July 2023 (This date has recently been finalised, not yet open for entries)

1.7 X-Country Representative.

Paul Welch reported;

We're now 3 races into the season (out of 6 maybe 7, but I'm not convinced that the PJC one will happen) and have made an excellent start, we have had good attendances which means we have been able to field full teams at all three races and are performing very well, we currently stand 3rd in the league out of 23 teams.

Our team race results have been very good, the lowest team position being 5th & our highest being 2nd at the first race at Folly Farm.

This early in the season we have had 24 different men represent the club and nine of those have raced in all three races. Out of the 24 men we have had seven different scorers, so looking strong for the remaining races.

For the ladies, we have seen 14 different runners represent the club, with Lisa Peckover & Clare Welch being the two ever presents.

Eight of the 14 ladies have scored for the team, we only had five ladies turn up for the most recent race at Lord Wandsworth, but this did clash with the local coastal races, I'm hopeful that we will have more attend for the next race at Chawton.

As I mentioned earlier, I'm not hopeful that there will be a race at QE again this season as there has been radio silence in the XC committee about this. Fortunately Fareham are hosting a race this season so we will get a minimum of six races, unlike last year when we only had five.

The next race is at Chawton House, followed by Alice Holt, which has now been confirmed as 26th Feb & the final race will be the new course hosted by Fareham, which I'm quite excited about.

1.8 Striders League.

Graham Clarke reported;

Following the Stubbington 10k last Sunday, half of 12 HRRL races and three out of the six SCCL races have been completed leaving a further 9 road and three XC races at which members can gain Strider' League points this season. To date, 62 members have participated in at least one race. Brian Harris deserves special mention having run ALL the HRRL and XC races! Also, 11 members have participated all of the XC races so far and have started to earn themselves bonus points.

The current state of the leader boards are as follows.

Ladies

5th Hannah Curtis	26.0 pts.
4th Jenny Parks	32.4 pts.
3rd Nikki Thomas	34.6 pts.
2nd Clare Welch	39.3 pts.
1st Lisa-Marie Peckover	48.8 pts.

Men

5th Rob Wilson	46.7 pts.
4th Julian Manning	48.2 pts.
3rd Gary McCawley	48.5 pts.
2nd Gary Armstrong	57.3 pts.
1st Brian Harris	63.6 pts.

There is plenty of scope for change over the next couple of months with three road and two cross country events in the racing calendar!

1.9 Social.

Nothing raised or discussed.

2.0 Coaching

Gary McCawley reported;

Nothing major to report. After consideration Gary has decided to use the hills and flat session for further summer hills session instead of the usual hills. This is due to large numbers.

3.0 Members Representatives.

Samantha Morris had nothing to report.

4.0 Denmead 10k Committee.

Nick Griffiths reported:

I'll be getting the race committee together on the first Monday of Feb for first meeting. Groundwork arrangements are largely taken care of, bookings are open and there's a reasonable early uptake (8 so far), which is promising given last year's struggles until the last min. We need to average 6 bookings a week to get it pretty much sold out at 250.

5.0 Newsletter

Dawn Banting confirmed she has been having quite good input for the newsletters.

6.0 A.O.B.

6.1 – Website (Graham Clarke) - Perhaps not unsurprisingly, the task to remove the fake Denmead Striders website is proving to be quite tricky! Unfortunately, during the weeks up to Christmas, I have had very little time to devote to this task but have just picked it up again.

Minimal progress prior to the Christmas period has been as follows:

- As a first step I wrote to EA's Legal Department to ask for their advice regarding our legal rights concerning misuse of our brand name "Denmead Striders". To date this request has

been ignored. I shall resend shortly in case it simply became "lost in the ether". Hopefully this may produce a response even if to say they are unable to help!

- I wrote to Dynadot Abuse Department (the host provider of denmeadstriders.co.uk) requesting that the website be removed. Dynadot's reply was that they do not have the authority to do this but have referred me to a "Uniform Domain Name Dispute Resolution Policy (UDRP) set forth by ICANN": This document is full of legal jargon which I have yet to digest! Does anyone know a friendly lawyer who won't charge us the earth in fees?
- There are a number of other avenues which I will explore to get the content of the site removed but it is going to be time consuming. Has anyone else got any ideas?

6.2 – First Aid (Raised by Clare Welch) – Our first aid certificated are running out. They are not a requirement, but there is an online course coaches need to do before renewing their licence. Gary McCawley will speak to all coaches to see if they would prefer a practical course. **ACTION GM**

6.3 – Awards Night (Raised by Clare Welch) – Dates were discussed and 24th March 2023 was agreed. A meeting was arranged for chairman, vice chairman, club captains and head to discuss awards.

6.4 – Denmead 10k Training Run (Raised by Nick Griffiths) – Do we want to run the Denmead 10k as a training run, if so confirm a provisional date. A date was agreed of 31st May 2023.

Next Meeting:

24th March 2022 AGM

DENMEAD STRIDERS RUNNING CLUB**Income & Expenditure****01 January 2022****to 30 December 2022****2021**

	£	£	£
Balance held, 1st January 2022			
Balance at Bank		3,621.12	3,750.51
Cash in hand		<u>267.58</u>	<u>411.58</u>
		3,888.70	4,162.09
Income			
Subscriptions (current year)	3,328.00		2,393.00
Subscriptions (for next year)	672.00		218.00
Easy Fundraising	-		-
Bank interest	1.49		0.26
Other	<u>21.34</u>		<u>-</u>
	4,022.83		2,611.26
Running costs of the club			
Affiliations & memberships	2,723.00		2,335.00
Coaching course	40.00		10.00
Equipment, etc.	-		8.00
Stationery & other costs	-		6.20
Website/Domain	237.41		-
Awards night costs	784.96		-
Virtual league prize	40.00		-
Xmas party & social events	409.05		385.19
Gift Charlie Burton	-		19.98
Flowers	-		41.00
Ryde Road Race transport	229.60		-
Bank charges	55.17		-
Other costs	<u>-</u>		<u>-</u>
	4,519.19		2,805.37
Club running deficit in the year		<u>(496.36)</u>	<u>(194.11)</u>
Denmead 10K, surplus / (Deficit)		397.07	(79.28)
NET CASH FLOW - Surplus / (Deficit)		<u>(99.29)</u>	<u>(273.39)</u>
Balance of the Club, 31 December 2022		<u><u>3,789.41</u></u>	<u><u>3,888.70</u></u>
Represented by:		£	£
Balance at Bank - current account		3,789.41	1,611.47
Balance at Bank - deposit account		(0.00)	2,009.65
Cash in Hand		-	<u>267.58</u>
		<u><u>3,789.41</u></u>	<u><u>3,888.70</u></u>