

RACE RESULTS
April 2023

| Date | Race | Name | Position | Time | Distance | HRRL | Laps | Notes |
|------------|--|---------------------|----------|----------|----------|--------------------|------|-------|
| 01/04/2023 | Brutal Eelmoor | Dan Starkey | 13 | 01:07:40 | 10k | | | |
| 01/04/2023 | Brutal Eelmoor | Kevin Gale | 14 | 01:07:43 | 10k | | | |
| 02/04/2023 | Brighton Marathon | George Sutherland | 573 | 03:16:13 | 26.2 | | | |
| 02/04/2023 | Brighton Marathon | Kayleigh Gyles | 1704 | 03:42:44 | 26.2 | First Marathon | | |
| 02/04/2023 | Brighton Marathon | Steve Trevenna | 5465 | 04:40:42 | 26.2 | | | |
| 02/04/2023 | Brighton Marathon | Greg Clarke | 5565 | 04:42:17 | 26.2 | | | |
| 02/04/2023 | Brighton Marathon | Bekki Leaves | 6343 | 04:43:17 | 26.2 | | | |
| 02/04/2023 | Coombe Gibbet 16m | Bridie Rowlands | | 02:39:41 | 16m | | | |
| 02/04/2023 | Coombe Gibbet 16m | Rory Heard | 113 | 02:49:48 | 16m | | | |
| 02/04/2023 | Phoenix Running Marathon | Martyn Palmer | | 04:10:08 | 26.2 | First as a strider | | |
| 02/04/2023 | Southampton 10k | Daniel Shawyer | 29 | 00:41:02 | 10k | | | |
| 02/04/2023 | Southampton 10k | Peter Murphy | 399 | 00:57:41 | 10k | | | |
| 02/04/2023 | Southampton Half Marathon | Rob Wilson | 51 | 01:27:35 | 13.1 | | | |
| 02/04/2023 | Southampton Half Marathon | Lisa Marie-Peckover | 383 | 01:44:35 | 13.1 | | | |
| 02/04/2023 | Southampton Half Marathon | Kimberley Churchill | 1174 | 02:08:38 | 13.1 | First half | | |
| 02/04/2023 | Southampton Half Marathon | Clare Welch | 1525 | 02:21:39 | 13.1 | | | |
| 02/04/2023 | Southampton Marathon | Mark Bicknell | 23 | 03:02:33 | 26.2 | PB | | |
| 02/04/2023 | Southampton Marathon | John Aldwinkle | 34 | 03:08:31 | 26.2 | | | |
| 02/04/2023 | Southampton Marathon | Paul Welch | 57 | 03:19:36 | 26.2 | | | |
| 02/04/2023 | Southampton Marathon | Hannah Curtis | 67 | 03:24:24 | 26.2 | First lady & PB | | |
| 02/04/2023 | Southampton Marathon | Gary Armstrong | 132 | 03:35:25 | 26.2 | | | |
| 07/04/2023 | Good Friday Marathon - Phoenix Running | Martyn Palmer | | 04:11:00 | 26.2 | 4th | | |
| 23/04/2023 | London Marathon | Paul Harsent | | 03:05:14 | 26.2 | | | |
| 23/04/2023 | London Marathon | Kev Gale | | 03:07:34 | 26.2 | | | |
| 23/04/2023 | London Marathon | Tim Collins | | 03:18:09 | 26.2 | | | |
| 23/04/2023 | London Marathon | Martin Parfitt | | 03:27:46 | 26.2 | | | |
| 23/04/2023 | London Marathon | Hannah Curtis | | 03:31:25 | 26.2 | | | |
| 23/04/2023 | London Marathon | Bekki Leaves | | 04:14:13 | 26.2 | | | |
| 23/04/2023 | London Marathon Virtual | Catie Pettit | | 04:24:30 | 26.2 | | | |
| 23/04/2023 | St Georges Day 10km | Daniel Shawyer | | | 10k | | | |
| 23/04/2023 | St Georges Day 10km | Gary McCawley | | | 10k | | | |
| 23/04/2023 | St Georges Day 10km | Anita Crawley | | | 10k | | | |
| 23/04/2023 | St Georges Day 10km | Nick Bailey | | | 10k | | | |
| 27/04/2023 | Lakeside 5k Series | Martin McKinlay | 29 | 00:18:22 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | George Sutherland | 36 | 00:18:53 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | Rick Toovey | 40 | 00:19:01 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | Nicola Thomas | 66 | 00:20:44 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | Kayleigh Gyles | 81 | 00:20:58 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | Roger Jones | 98 | 00:22:35 | 5k | | | |
| 27/04/2023 | Lakeside 5k Series | Gary Mcawley | 104 | 00:23:11 | 5k | | | |
| 30/04/2023 | 3 Forts Marathon | Martyn Palmer | 114 | 05:11:59 | 26.2 | | | |