

RACE RESULTS
August 2023

Date	Race	Name	Position	Time	Distance	HRRL	Laps	Notes
06/08/2023	Harting 10m	Julian Manning	6	01:03:00	10m			1st M Vet 40
06/08/2023	Harting 10m	Gav Roberts	20	01:12:00	10m			
06/08/2023	Harting 10m	Lee Weeks	23	01:13:00	10m			
06/08/2023	Harting 10m	Ruud Jonkers	24	01:13:00	10m			
06/08/2023	Harting 10m	Andrew Meredith	27	01:14:00	10m			
06/08/2023	Harting 10m	Mat Sibley	35	01:17:00	10m			
06/08/2023	Harting 10m	Kirsty Aked	43	01:22:00	10m			1st F Vet40
06/08/2023	Harting 10m	Alan McVittie	46	01:22:00	10m			
06/08/2023	Harting 10m	Nicola Thomas	57	01:24:00	10m			
06/08/2023	Harting 10m	Del King	73	01:28:00	10m			
06/08/2023	Harting 10m	Rory Heard	76	01:28:00	10m			
06/08/2023	Harting 10m	Roger Jones	93	01:34:00	10m			
06/08/2023	Harting 10m	Caroline Whiting	108	01:38:00	10m			
06/08/2023	Harting 10m	Jenny Parks	112	01:39:00	10m			
06/08/2023	Harting 10m	Amy Gaunt	134	01:43:00	10m			
06/08/2023	Sturminster Newton half marathon	Michael Deller	148	01:44:00	13.1			
08/08/2023	Gosport 5K Series	David Noble	11	00:18:55	5k			
13/08/2023	Isle of Man Marathon	Mike Deller	40	04:06:28	26.2 miles			
14/08/2023	Peel Hill Race	Mike Deller		00:26:42				
15/08/2023	Ramsey 10	Mike Deller		00:44:49	10k			
16/08/2023	Killer Mile Race	Mike Deller		00:08:45	1			
17/08/2023	Foxdale 5 mile	Mike Deller		00:36:05	5			
18/08/2023	Peel Heritage Trail Race	Mike Deller		00:51:29	6.91 miles			
17/08/2023	Goodwood 5 mile hill climb	Julian Manning	7	00:29:00	5 miles			
17/08/2023	Goodwood 5 mile hill climb	Mark Bicknell	10	00:30:07	5 miles			
17/08/2023	Goodwood 5 mile hill climb	Gary Armstrong	13	00:31:47	5 miles			
17/08/2023	Goodwood 5 mile hill climb	Lisa-Marie Peckover	55	00:37:53	5 miles			
20/08/2023	Two Tunnels Marathon	Tom Cole	31	03:52:00	26.2 miles			
20/08/2023	Two Tunnels Marathon	Bekki Leaves	91	04:29:00	26.2 miles			
23/08/2023	Lakeside 5k	David Noble	27	00:18:13	5k			
23/08/2023	Lakeside 5k	Martin Mckinlay	30	00:18:19	5k			
23/08/2023	Lakeside 5k	John Aldwinkle	34	00:18:41	5k			
23/08/2023	Lakeside 5k	Steve Wootton	76	00:20:36	5k			
23/08/2023	Lakeside 5k	Michael Deller	81	00:20:55	5k			
23/08/2023	Lakeside 5k	Nicola Thomas	86	00:21:22	5k			
23/08/2023	Lakeside 5k	Gary McCawley	116	00:25:04	5k			
26/08/2023	Brutal Bordon 5k	Nick Bailey	49	01:00:00	5k			
27/08/2023	Arundel Castle 10k	Nick Bailey	342	01:24:00	10k			