

RACE RESULTS
July 2023

Date	Race	Name	Position	Time	Distance	HRRL	Laps	Notes
01/07/2023	Salomon Serpent Trail 50k	Julia Revill	1st	08:17:00	50k			
01/07/2023	Salomon Serpent Trail 100k	Alan Mcvittie	83rd	15:51:00	100k			
02/07/2023	Lordshill 10k	Julian Manning	28	00:36:07	10k	HRRL		
02/07/2023	Lordshill 10k	Matthew Russell	38	00:36:30	10k	HRRL		
02/07/2023	Lordshill 10k	Mark Bicknell	41	00:36:32	10k	HRRL		
02/07/2023	Lordshill 10k	Paul Saunders	44	00:36:43	10k	HRRL		
02/07/2023	Lordshill 10k	Michael Harrison	48	00:36:56	10k	HRRL		
02/07/2023	Lordshill 10k	Rob Wilson	71	00:38:09	10k	HRRL		
02/07/2023	Lordshill 10k	David Pearson	75	00:38:09	10k	Hrrl		
02/07/2023	Lordshill 10k	Oliver Craig	92	00:39:06	10k	HRRL		
02/07/2023	Lordshill 10k	Lee Weeks	93	00:39:08	10k	HRRL		
02/07/2023	Lordshill 10k	Andrew Meredith	104	00:39:49	10k	HRRL		
02/07/2023	Lordshill 10k	Stuart White	110	00:40:03	10k			
02/07/2023	Lordshill 10k	Alex Blake	127	00:40:19	10k	HRRL		
02/07/2023	Lordshill 10k	Gary Armstrong	158	00:41:20	10k	HRRL		
02/07/2023	Lordshill 10k	Mat Sibley	163	00:41:47	10k	HRRL		
02/07/2023	Lordshill 10k	Paul Welch	206	00:43:11	10k	HRRL		
02/07/2023	Lordshill 10k	Tom Cole	218	00:43:37	10k	HRRL		
02/07/2023	Lordshill 10k	Rob Moore	228	00:44:00	10k	HRRL		
02/07/2023	Lordshill 10k	Nicola Thomas	232	00:44:04	10k	HRRL		
02/07/2023	Lordshill 10k	Kayleigh Gyles	245	00:45:35	10k	HRRL		
02/07/2023	Lordshill 10k	Samantha Morris	246	00:44:37	10k	HRRL		
02/07/2023	Lordshill 10k	Jeffrey Streeter	312	00:46:41	10k	HRRL		
02/07/2023	Lordshill 10k	Andy Newcombe	318	00:46:54	10k	HRRL		
02/07/2023	Lordshill 10k	Michael Deller	360	00:47:58	10k			
02/07/2023	Lordshill 10k	Graham Excell	368	00:48:27	10k			
02/07/2023	Lordshill 10k	Linda Taylor	400	00:50:06	10k	HRRL		
02/07/2023	Lordshill 10k	Suzanne Richardson	404	00:50:11	10k	HRRL		
02/07/2023	Lordshill 10k	Dawn Banting	408	00:50:19	10k	HRRL		
02/07/2023	Lordshill 10k	Caroline Whiting	432	00:51:14	10k	HRRL		
02/07/2023	Lordshill 10k	Lisa-Marie Peckover	448	00:51:50	10k	HRRL		
02/07/2023	Lordshill 10k	Bekki Leaves	449	00:51:50	10k	HRRL		
02/07/2023	Lordshill 10k	Rachael Harrison	472	00:53:07	10k	HRRL		
02/07/2023	Lordshill 10k	Jenny Parks	493	00:54:06	10k	HRRL		
02/07/2023	Lordshill 10k	Kimberley Churchill	576	00:57:37	10k	HRRL		
02/07/2023	Lordshill 10k	Marie Wiles	581	00:57:54	10k	HRRL		
02/07/2023	Lordshill 10k	Brian Harris	747	01:15:31	10k	HRRL		
02/07/2023	GoodWood race 10k	Owen Cole	48th	00:44:40	10k			
02/07/2023	GoodWood race 10k	Kirsty Aked	77th	00:48:18	10k			
09/07/2023	Ironbourne long distance triathlon	Steve Wootton	91	05:33:00	70.3			
09/07/2023	Horton Heath 10k	Daniel Shawyer	18	00:42:17	10k			
09/07/2023	Asics London 10k	Matthew Russell	201	00:36:56	10k			
09/07/2023	Asics London 10k	Alex Blake	608	00:40:22	10k			
26/07/2023	Lakeside 5k	David Noble	30	00:18:21	5k			
26/07/2023	Lakeside 5k	Michael Deller	66	00:20:48	5k			
26/07/2023	Lakeside 5k	Greg Clarke	72	00:21:32	5k			
26/07/2023	Lakeside 5k	Gary McCawley	103	00:25:41	5k			
26/07/2023	Lakeside 5k	Tim Collins	109	00:27:45	5k			
29/07/2023	Midnight Marathon	Mark Bicknell	1	03:49:30	26.2 miles			
29/07/2023	Midnight Marathon	Rob Wilson	6	03:58:09	26.2 miles			
29/07/2023	Midnight Marathon	George Sutherland	9	04:06:13	26.2 miles			
29/07/2023	Midnight Marathon	Kevin Gale	13	04:17:10	26.2 miles			
29/07/2023	Midnight Marathon	Gary Armstrong	19	04:28:53	26.2 miles			
29/07/2023	Midnight Marathon	Michael Deller	23	04:35:02	26.2 miles			
29/07/2023	Midnight Marathon	Tom Cole	24	04:35:31	26.2 miles			
29/07/2023	Midnight Marathon	Kayleigh Gyles	32	04:41:05	26.2 miles			
29/07/2023	Midnight Marathon	Martyn Palmer	46	05:02:12	26.2 miles			
29/07/2023	Midnight Marathon	Dyfan Rowlands	92	06:00:37	26.2 miles			
29/07/2023	Midnight Marathon	Bridie Strachan	92	06:00:39	26.2 miles			
29/07/2023	Midnight Marathon	Greg Clarke	115	06:15:53	26.2 miles			
29/07/2023	Midnight Marathon	Brent Latham	116	06:15:53	26.2 miles			
29/07/2023	Midnight Marathon	John Malthouse	117	06:15:54	26.2 miles			
29/07/2023	Midnight Marathon	Rachael Harrison	153	08:08:54	26.2 miles			
29/07/2023	Midnight Marathon	Michael Harrison	154	08:08:56	26.2 miles			