

# Denmead Striders Running Club

## Committee Meeting

Date: 9<sup>th</sup> May 2024

Location: Elizabeth Road, Waterlooville

Present	Apologies
Clare Welch	Bekki Leaves
Lisa Peckover	Graham Clarke
Julia Revill	
Mark Bicknell	
Paul Welch	
Gary McCawley	
Kimberley Churchill	
Samantha Morris	
Dawn Banting	
Stuart Hoare	
Steve Trevena	

### 1. Committee Meeting.

#### 1.1 Club Chairman

Clare Welch reported;

Welcome Kimberley as Vice Chair. Kimberley will be taking on a more active role with health & safety and the club policies.

Jenny Parks put herself forward for Members Rep so unless anyone has any objections, I feel she would be a welcome member to the team.

We had a successful awards evening with the new venue of the Denmead War memorial Hall. Feedback from members was that they enjoyed the evening so potentially looking to repeat this next year.

Have booked the Christmas Party at a new venue of Horndean Football Club. Hoping this will make a welcome change from the RNA which we feel has run its course.

I have set up a shared "One Drive" I am looking to transfer everything over to here. So that we have shared information available to us. Would like Risk Assessments, Policies, minutes etc to be stored here for ease of access.

I intend to circulate members packs to new members on a monthly basis.

#### 1.2 Vice Chairman

Kimberley Churchill reported;

Health and Safety policy is now in progress.

#### 1.3 Club Secretary

Lisa Peckover reported;

I have updated the Inclusion and Privacy Notice and uploaded to our England Athletics portal.

The Food Bank collection was held on 21<sup>st</sup> February and was another success. The Waterlooville food bank were extremely grateful for the donations. I suggest we keep this up as an annual event.

#### Matters Arising from 11<sup>th</sup> January 2024 meeting:

**Club Standard Documents** – Health & Safety Policy is the only thing outstanding but now in progress. **ACTION KC**

**First Aid** – Gary McCawley will be picking this back up to arrange. **ACTION GM**

**Club Kit (Vests and T-shirts)** – Clare Welch to order in sizes as discussed in previous meeting. Committee agreed they are happy for the cost around £475. Clare also suggested keeping with this company. For the sake of how many people are going to order new vests she think it is a lot of hassle and inconsistency in the tops. With having a bank of sizes for people to try she feels this may help. The committee agreed. **ACTION CW**

**Clothing Web Shop** - Currently under testing as a problem with the checkout facility. Once this is up and running we will be able to expand the range as a print to order facility. Things like training tops, buffs. **ACTION CW**

**John O'Groats to Land's End Challenge** – Steve Trevenna organising. The committee agreed a date of 1<sup>st</sup> September. **ACTION ST**

**Potential new venues for Awards and Christmas Party** – The Denmead Memorial Hall was used for the Awards night and was a success. Horndean Football Club has been booked for the Christmas party.

#### 1.4 Club Treasurer

Stuart Hoare reported;

The club has received the majority of the memberships and paid over the subscriptions to England Athletics.

Currently the club has surplus funds from previous years held at around £3,900 however there are certain pending costs to follow being payment for the Hampshire Road Race League & Cross Country fees, first training course for the coaches estimated at £400, and the purchase of some club vests & T Shirts to hold for the members at a cost of £475.

At present the club does hold entry fees in advance of the forthcoming Denmead 10K race to be held in October 2024 being held to put towards the costs of running that event.

Currently the club's surplus funds are held on deposit with the bank earning interest until such time as required.

Account attached.

#### 1.5 Membership Secretary

Julia Revill reported;

We currently have 145 members.

#### 1.6 Club Captains:

Ladies: Sam Morris reported:

Latest races:

#### **Overton 5mile**

- 6 women which gave us one full team
- A team = 8th

- B team = 11th

### **Solent Half Marathon**

- 5 women which gave us one full team
- A team = 6th
- B Team = 11th

### **Hayling 10 mile**

- 11 women which gave us two full teams
- A team = 1st
- B team = 1st

### **Gosport Half Marathon**

- 11 women which gave us two full teams
- A Team = 1st
- B Team = 4th

### **Victory 5 Mile**

- 9 women which gave is two full teams
- A team = 1st
- B team = 4th

### **Since last Committee**

#### **Stubbington**

- 18 Women raced which gave us 2 full teams
- A Team = 2nd
- B Team = 4th

#### **Ryde**

- 10 Women raced which gave us 2 full teams
- A Team = 3rd
- B Team = 4th

#### **Salisbury**

- 12 Women raced which gave us 2 full teams
- A Team = 3rd
- B Team = 5th

#### **Teams**

- 8 out of 12 races completed.
- Team scores
  - o Ladies A team 1st out of 10 – with a score of 25 (959 league points). 2nd position a healthy 8 points away from us, giving us lots of risk room!
  - o Ladies B team 3rd out of 10 – with a score of 43 (3,035 league points). 2nd position only 7 points away, which gives us an opportunity for the remaining 4 races to catch up. (1st place 17 points away!)

#### **Individuals**

- 13th Dawn Banting 64.66 (8 runs)
- 16th Jenny Parks 56.47 (7 runs)
- 23rd Anita Crawley 35.99 (8 runs)

#### **Upcoming races:**

- Alton 10mile – 12th May 2024
- Netley 10km – 19th May 2024
- Alresford 10km – 16th June 2024
- Lordshill 10km – 7th July 2024

Men: Mark Bicknell reported;

Since our last meeting, we as a club have competed in two more HRRL races, which has resulted again in some fantastic results for our men's team.

When we last met we had just competed in Stubbington 10k.

I now have the team results for this and the other two races.

**HRRL race #7 - Stubbington 10k**

30 men competed which gave us 3 full teams

A Team came 6/10

B Team came 1/10

C Team came 3/10

**HRRL race #8 - Ryde 10 mile**

14 men competed which gave us 3 full teams

A Team came 2/10

B Team came 1/10

C Team came 1/10

**HRRL race #9 - Salisbury 10 mile**

15 men competed which gave us 3 full teams

A Team came 2/10

B Team came 4/10

C Team came 5/10

**Current overall team standings**

A Team 4/10

B Team 3/10

C Team 3/10

So, with 4 races left to go, let's hope we can keep up this high standard and secure our places in the top 3 of each league. Which would be a fantastic achievement.

1.7 X-Country Representative.

Paul Welch had nothing to report.

1.8 Striders League.

Graham Clarke reported;

**Results update**

Eight HRRL and all five of the SCCL races (Holywell Estate XC was cancelled) are now complete. To date, 83 members (31 ladies, 52 men) have competed in at least one event. Two ladies and two men have completed all eight road races. One lady and six men completed all five cross country races earning themselves a valuable 35 league points.

After a seven week break in the HRRL events, (last one was the Salisbury 10 m), the last eight weeks of the season consists of a flurry of activity - one 10m at Alton and three 10ks at Netley, Alresford and Lordshill with plenty of scope for changes in the league positions!

**Currently, the leader board is:**

**Ladies**

1st Jenny Parks - 89.3 pts.

2nd Lisa-Marie Peckover - 69.7 pts.

- 3rd Dawn Banting - 65.5 pts.
- 4th Anita Crawley - 62.7 pts.
- 5th Nicola Thomas - 58.9 pts.

## **Men**

- 1st Julian Manning - 104.8 pts.
- 2nd Rob Wilson - 101.3 pts.
- 3rd Mark Bicknell - 90.3 pts.
- 4th Gary McCawley - 84.2 pts
- 5th Roger Jones - 81.5 pts.

### 1.9 Social.

See AOB

### 2.0 Coaching

Gary McCawley reported;

The club can no longer train at Creech Woods without a permit. After looking at the cost it was decided it was not worth it for this Summer.

Gary has enquired with Denmead Junior School about the possibility of using their grounds.

### 3.0 Members Representatives.

Kimberely Churchill stepped down as members rep. Jenny Parks put herself forward and the committee agreed she would be a welcome member to the team.

Steve Trevenna asked the committee if they thought it would be a good idea to send out a British Heart Foundation video regarding CPR to all members. The committee agreed it is a good idea. Clare will send out to members.

**ACTION CW**

### 4.0 Denmead 10k Committee.

In Bekki Leaves absence Clare Welch reported:

Run Britain kindly decided to change their platform and the entry process meaning the link to enter was obsolete. The whole race had to be re-registered, and all of the existing entries (50) are unable to be transferred on to the new platform. This means on race day and in all the admin sending numbers out etc we are going to have 2 lists of entrants. Not the end of the world just makes life a little bit harder. Whilst transferring on to the new platform we had multiple issues with links not working, confirmation emails not being sent and radio silence from England athletics despite my multiple emails and calls.

They finally got fed up of me and just this week everything is now rectified and we are able to start marketing the race again.

So, I have posted in various local community groups and am asking anyone who is a member of any fitness/running club to do the same.

Entries currently stand at 58 total. But with a month of no advertising due to the entry issues this is not concerning.

A meeting is being held at the end of the month to finalise medals and discuss any other outstanding issues, but most other prep has been done ready for race day. Now just a case of getting on the marketing and selling the race out!

### 5.0 Newsletter

Dawn Banting reported;

The newsletter is receiving ongoing regular contributions of physio updates and members have contributed with a variety of stories.

The summer edition is being planned, with heat & hydration tips and stories from a couple of the awards night winners, Denmead 10k update and anything else from the committee meeting.

### 6.0 Website

Graham Clarke reported;

In general, the website has been running smoothly throughout the year without any major problems. The fake website of denmeadstriders.co.uk appears to be no longer in existence although someone (a company based in Guernsey, <https://www.alphadomains.com>, a broker seems to make a living by trading in website domain names) has purchased the domain name presumably to try to make a quick buck if they can find anyone who would want to buy the name! I am continuing to monitor this url!

As usual, I would like to thank Clare for providing latest club news for the website, Rachael and Clare for collating race results in a timely fashion, Dawn for her periodic newsletters, Gary for providing updates for his training schedules throughout the year and Peter Maisey and others for providing photographs of races and other events.

In November time I changed our hosting provider, mainly to save a significant cost in hosting fees. During the transfer process, some of you may have noticed a slight "hiccup" when unfamiliar pages appeared when they tried to access the site. This was due to a number of teething problems- "mea culpa", I had no previous experience of switching hosts! However all seems fine now and, as well as saving us some money, the new provider has given us a large increase in data storage which previously limited the amount of information which could be included at any one time. I therefore continue to welcome contributions of articles, photographs (including videos) etc. as well as suggestions for improvements and additional facilities from ALL club members.

### 7.0 A.O.B.

7.1 Curry Nights – Raised by Mark Bicknell – Mark has put himself forward to start up the curry nights again. He will speak to Lee Weeks about taking over. **ACTION MB**

### **Next Meeting:**

15<sup>th</sup> August 2024

**DENMEAD STRIDERS RUNNING CLUB****Income & Expenditure****For the period****01 January 2024****to 20 May 2024**

	£	Year Dec 23 £	£	Year Dec 23 £
Balance 1st January 2022	3,973.89	3,903.31		
<b>INCOME</b>			<b>EXPENDITURE</b>	
Subs (current) £30	3,858.00	3,539.00	Affiliations	
Subs (next year) £30	-	192.00	England Athletics (subs)	2,606.00
			E.A. Club Membership	200.00
			Hampshire AA	-
Interest received	9.90	23.42	SEAA	-
			Hants Road Race League	-
			SCCL	-
			Other	-
Sundries:			Sundries:	
10k race fee inadvance	-	-	Website/Domain	-
Extra Subs rec'd	-	-	Stationery, inks, etc.	-
Other Income	-	-	Others	-
Other Income	-	-	Pop up Tent	-
			First aid kit	-
			Bank charges	-
			Other	18.00
Other	-	18.00	Events:	
			Awards Night	590.11
Social Events	-	229.00	Ryde 10 transport	384.80
Xmas Raffle	-	-	Xmas Party & social	112.15
			Others:	
			Coaching Courses	-
<b>Club Income</b>	<b>3,867.90</b>	<b>4,001.42</b>	<b>Club running costs</b>	<b>3,911.06</b>
<b>Events:</b>				
Denmead 10K	1,901.58	2,811.06	Denmead 10K	60.00
	<b>5,769.48</b>	<b>6,812.48</b>		<b>3,971.06</b>
				<b>6,948.42</b>

**Summary.....**

Club funds balance, at start of period	01 January 2024	3,973.89
Surplus / (Deficit) on club running costs		<b>(43.16)</b>
Denmead 10k surplus (to date)		3,930.73
		<b>1,841.58</b>
Club funds held	20 May 2024	<b>5,772.31</b>