

FASTEST TIMES 2024

Name	5M	10K	10M	13.1M	26.2M
Adam Chant					
Alan McVittie				01:46:28	
Alex Blake		00:39:39	01:10:57	01:30:00	
Alisdair Skelley					
Alison Greasley					
Amy Gaunt					
Andrew Meredith	00:30:03	00:37:47	01:06:55		
Andy Newcombe	00:35:04	00:43:37		01:45:25	04:45:08
Angela Agate					
Anita Crawley		00:57:56	01:38:06		
Ashley Hiom					
Athene Ryan	00:37:28				
Bekki Leaves	00:39:35	00:50:53			
Belinda Lewis-Jones		00:46:48			
Ben Edmonds					
Brent Latham					
Brian Harris		01:18:53			
Bridie Strachen			01:26:31		
Caroline Whiting		00:51:13	01:34:16		
Cathy Price				02:25:53	
Catie Pettit					04:29:51
Charlie Mitchell					
Chris Cornwell			01:10:52		
Christina Ball					
Christine Perrior					
Claire Parfitt					
Claire Taylor				02:20:00	
Clare Welch	00:53:41	00:58:45	02:11:41		
Colin Haynes					
Dan Sawyer					
Dan Starkey	00:34:41				
Daniel Quinn					
Darren Butwell					
Dave Colenutt					
David Humphrey					
David Noble			01:08:52		03:14:14
David Pearson		00:38:17	01:01:22	01:22:16	02:59:38
Dawn Banting		00:50:41	01:25:04	01:54:47	
Del King					
Denise Williams					
Dennis Sanderson					
Dyfan Rowlands			01:13:08		04:18:57
Elizabeth Steward					
Eloise Lavington					
Gareth Bowden				02:10:18	
Gary Armstrong	00:33:12	00:42:50	01:28:37	01:37:31	
Gary Edmonds	00:41:38				
Gary McCawley		00:48:51	01:23:33		
Gavin Roberts		00:40:20			03:13:23

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Gavino Valdez					04:43:35
Gemma Aldwinckle					
Gemma Heggs	00:40:21				
George Sutherland			01:30:49		
Gerard Beauvoisin					
Graham Bowpitt					
Graham Clarke					
<u>Graham Excell</u>					
Greg Clarke					
Hannah Curtis	00:42:14				03:20:52
Harry Woodroof					
James Cocksedge					
James Lathwell					
Jamie Neve					
Jane Woodroof					
Jeffrey Streeter	00:46:27				
Jenny Parks	00:52:12	01:28:15			
Joe Pymont					
John Aldwinckle					
John Field					
John Malthouse					
John Rogers					
Jonathan Loft					
Julia Revill	00:28:22				
Julian Manning		00:34:41	00:59:11		
Karis Yates	00:40:27		01:42:31		
Katie Edmonds	00:44:03		01:32:36		
Kayleigh Gyles	00:34:04	00:41:19		01:41:54	03:32:49
Kevin Gale		00:39:01	01:04:04		03:05:11
Kevin Hewitt					
Kimberley Churchill	00:43:44	00:54:52	01:28:37		
Kirsty Aked	00:36:03	00:44:40	01:08:53	03:22:19	
Kyle Pepperman-Hackett					
Lara Eaton			01:34:59		
Lee Brown					
Lee King					
Lee Mawson					
Lee Weeks		00:44:30	01:14:59		
Lee Brown					
Linda Taylor			01:34:02		
Lisa Haynes					
Lisa-Marie Peckover		00:49:05	01:18:44	01:41:35	
Louise Stacey					
Marie Wiles		00:54:46			
Mark Bicknell	00:29:56	00:36:30	01:00:52	01:21:51	02:56:52
Mark Pelley					
Mark Wilson					
Martin Mckinlay		00:37:12			03:17:03
Martin Groom					
Martyn Palmer					03:51:24

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Martin Parfitt				
Martin Shaw				
Matt Sargent		00:48:33	01:27:44	
Matteo Berogna				
Matthew Cheyney				
Matthew Gair				
Matthew Russell		00:35:32	01:01:12	01:18:27
Mat Sibley		00:46:01		
Michael Deller		00:48:34	01:29:40	01:50:17
Michael Harrison	00:30:03	00:37:39	01:08:54	04:26:30
Mike Taylor				
Meg Roberts		00:55:23		
Natalie March				
Neil Hawkey		00:46:51	01:20:22	
Neil Hawkins				
Neil Routledge				
Neptune Bell				
Nick Bailey		01:13:08		03:24:10
Nick Griffiths				01:28:18
Nicky O'Dea				
Nicola Sibley				
Nicola Thomas		00:44:28	01:13:06	03:43:08
Oliver Craig	00:29:39	00:37:20		
Olivia Hannen				
Owen Cole		00:41:44		
Patrick McFadden				
Paul Harsent				
Paul Marshall				
Paul Saunders		00:39:50		01:29:27
Paul Welch	00:35:03	00:41:16	01:13:52	03:28:30
Peter Coote				
Peter Maisey				
Peter Murphy				
Peter Van Der Lugt				
Rachael Harrison		00:55:01		
Rachel Blewden				
Rebecca Mahony				
Rebecca Moakes		00:59:49		
Rachel Muckelt	00:34:29			
Richard Gray				
Richard Hammond				
Richard Murphy				
Richard Moakes		00:59:48		
Rick Toovey		00:41:08		
Rob Moore		00:46:04		
Rob Wilson	00:29:48	00:37:38	01:03:30	
Roger Jones		00:50:08	01:26:58	
Rory Heard			01:25:44	01:59:52
Ruud Jonkers				
Sally Stone		00:54:24		

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Samantha Morris	00:34:39	00:41:30	01:10:25	01:41:44
Sarah Hadfield				
Sarah Heard				
Sean James				
Simon Burrough		00:41:29		
Simon Price		01:11:11		
Simon Toms				
Slavena Jenson		00:54:26	01:38:07	
Steve Knight		00:44:27		
Steve Trevenna				
Steve Colmer				
Steven Wooton		00:44:50	01:20:11	
Stuart Hoare		00:51:52	01:31:40	
Stuart White				03:14:45
Susan Colenutt				
Suzanne Richardson				
Terry Aked				01:56:03
Tim Collins		00:38:37		
Tillie Madgwick	00:36:13			03:49:25
Tom Cole		00:40:02	01:09:56	03:10:01
Tony Laurenson				
Tracey Crank			01:58:40	