

# RACE RESULTS

July 2024

Date	Race	Name	Position	Time	Distance	HRRL
06/07/2024	Serpent Trail Run 50k	Dyfan Rowlands	64	05:08:47	50k	
06/07/2024	Serpent Trail Run 50k	Catie Pettit	238	06:12:58	50k	
06/07/2025	Serpent Trail Run 50k	Lara Eaton	351	06:54:18	50k	
06/07/2024	Serpent Trail Run 50k	Julia Revill	511	08:33:26	50k	
06/07/2024	Serpent Trail Run 50k	Clare Taylor	533	08:50:39	50k	
06/07/2024	Serpent Trail Run 50k	Jane Woodroof	576	10:06:30	50k	
07/07/2024	Lordshill 10k	Julian Manning	17	00:35:48	10k	HRRL
07/07/2024	Lordshill 10k	Michael Harrison	30	00:36:33	10k	HRRL
07/07/2024	Lordshill 10k	Andrew Meredith	50	00:37:15	10k	HRRL
07/07/2024	Lordshill 10k	Mark Bicknell	54	00:37:23	10k	HRRL
07/07/2024	Lordshill 10k	Rob Wilson	69	00:38:06	10k	HRRL
07/07/2024	Lordshill 10k	Chris Cornwell	77	00:38:19	10k	HRRL
07/07/2024	Lordshill 10k	Gary Armstrong	149	00:41:05	10k	HRRL
07/07/2024	Lordshill 10k	Kayleigh Gyles	154	00:41:19	10k	HRRL
07/07/2024	Lordshill 10k	Kev Gale	161	00:39:35	10k	HRRL
07/07/2024	Lordshill 10k	Paul Welch	183	00:42:19	10k	HRRL
07/07/2024	Lordshill 10k	Rachel Muckelt	190	00:42:34	10k	HRRL
07/07/2024	Lordshill 10k	Rick Toovey	207	00:43:07	10k	HRRL
07/07/2024	Lordshill 10k	Nicola Thomas	228	00:44:18	10k	HRRL
07/07/2024	Lordshill 10k	Andy Newcombe	245	00:44:44	10k	HRRL
07/07/2024	Lordshill 10k	Chris Penfold	273	00:45:35	10k	HRRL
07/07/2024	Lordshill 10k	Alan Mcvittie	316	00:47:15	10k	HRRL
07/07/2024	Lordshill 10k	Jack Rose	347	00:48:04	10k	HRRL
07/07/2024	Lordshill 10k	Suzanne Richardson	351	00:48:23	10k	HRRL
07/07/2024	Lordshill 10k	Jeffrey Streeter	391	00:49:30	10k	HRRL
07/07/2024	Lordshill 10k	Linda Taylor	419	00:50:54	10k	HRRL
07/07/2024	Lordshill 10k	Gary McCawley	429	00:51:29	10k	HRRL
07/07/2024	Lordshill 10k	Caroline Whiting	445	00:52:19	10k	HRRL
07/07/2024	Lordshill 10k	Dawn Banting	454	00:52:32	10k	HRRL
07/07/2024	Lordshill 10k	Jenny Parks	546	00:56:16	10k	HRRL

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07/07/2024	Lordshill 10k	Michael Deller	581	00:57:51	10k	HRRL
07/07/2024	Lordshill 10k	Anita Crawley	620	00:59:38	10k	HRRL
07/07/2024	Lordshill 10k	Clare Welch	680	01:05:39	10k	HRRL
07/07/2024	Lordshill 10 k	Brian Harris	743	01:19:19	10k	HRRL
17/07/2024	PJC Summer Cross Country	Julian Manning	2	00:31:46	5 miles	
17/07/2024	PJC Summer Cross Country	Oliver Craig	3	00:31:49	5 miles	
17/07/2024	PJC Summer Cross Country	Matthew Russell	8	00:32:29	5 miles	
17/07/2024	PJC Summer Cross Country	Mark Bicknell	12	00:33:43	5 miles	
17/07/2024	PJC Summer Cross Country	Rob Wilson	14	00:34:30	5 miles	
17/07/2024	PJC Summer Cross Country	Michael Harrison	15	00:35:09	5 miles	
17/07/2024	PJC Summer Cross Country	Andrew Meredith	16	00:35:14	5 miles	
17/07/2024	PJC Summer Cross Country	Kevin Gale	18	00:35:32	5 miles	
17/07/2024	PJC Summer Cross Country	Chris Cornwell	22	00:36:02	5 miles	
17/07/2024	PJC Summer Cross Country	Alex Blake	26	00:36:56	5 miles	
17/07/2024	PJC Summer Cross Country	Gary Armstrong	30	00:38:06	5 miles	
17/07/2024	PJC Summer Cross Country	Kayleigh Gyles	35	00:38:44	5 miles	
17/07/2024	PJC Summer Cross Country	Andy Newcombe	40	00:39:25	5 miles	
17/07/2024	PJC Summer Cross Country	Mat Sibley	41	00:39:26	5 miles	
17/07/2024	PJC Summer Cross Country	Dan Starkey	53	00:41:06	5 miles	
17/07/2024	PJC Summer Cross Country	Martyn Palmer	54	00:41:11	5 miles	
17/07/2024	PJC Summer Cross Country	Kirsty Aked	57	00:41:33	5 miles	
17/07/2024	PJC Summer Cross Country	Alan McVittie	60	00:41:43	5 miles	
17/07/2024	PJC Summer Cross Country	Tillie Madgwick	65	00:42:05	5 miles	
17/07/2024	PJC Summer Cross Country	Michael Deller	73	00:42:50	5 miles	
17/07/2024	PJC Summer Cross Country	Athene Ryan	77	00:43:48	5 miles	
17/07/2024	PJC Summer Cross Country	Samantha Morris	81	00:44:32	5 miles	
17/07/2024	PJC Summer Cross Country	Bekki Leaves	85	00:45:00	5 miles	
17/07/2024	PJC Summer Cross Country	Karis Yates	91	00:46:16	5 miles	
17/07/2024	PJC Summer Cross Country	Linda Taylor	99	00:47:05	5 mile	
17/07/2024	PJC Summer Cross Country	Terry Aked	100	00:47:33	5 miles	
17/07/2024	PJC Summer Cross Country	Robin Yates	101	00:47:50	5 miles	

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17/07/2024	PJC Summer Cross Country	Stuart Hoare	107	00:50:19	5 miles
17/07/2024	PJC Summer Cross Country	Peter Murphy	146	00:56:24	5 miles
17/07/2024	PJC Summer Cross Country	Jane Woodroof	177	01:01:06	5 miles
24/07/2024	Lakeside 5k	Andrew Meredith	21	00:18:00	5k
24/07/2024	Lakeside 5k	Rachel Muckelt	51	00:20:44	5k
24/07/2024	Lakeside 5k	Clare Ryan	74	00:23:51	5k
24/07/2024	Lakeside 5k	Gary Mccawley	85	00:26:01	5k

**RACE RESULTS**  
**July 2024**

**Notes**

25th Senior man

31st lady vet 40

110th lady f open

1st lady vet 70

218th lady f open

14th lady vet 60

PB

PB

**RACE RESULTS**  
**July 2024**

2nd man MV40-49  
1st man Senr18-39

1st man MV50 -59

2nd man MV50 -59

2nd lady vet 18-39

1st lady vet 40-49  
2nd men vet 60-69

3rd lady Vet 50-59

**RACE RESULTS**  
**July 2024**

1st lady sen w  
1st lady vet 45