

## RACE RESULTS

### August 2024

Date	Race	Name	Position	Time	Distance	HRRL	Notes
04/08/2024	Harting 10 Miles	Mark Bicknell	8	01:05:40	10 Miles		1st men cat 50
04/08/2024	Harting 10 Miles	Michael Harrison	15	01:10:10	10 miles		
04/08/2024	Harting 10 Miles	Gary Armstrong	24	01:14:43	10 miles		
04/08/2024	Harting 10 Miles	Paul Welch	36	01:18:47	10 miles		
04/08/2024	Harting 10 Miles	Kirsty Aked	45	01:21:00	10 Miles		1st lady cat 40
04/08/2024	Harting 10 Miles	Andy Newcombe	48	01:21:19	10 Miles		
04/08/2024	Harting 10 Miles	Alan McVittie	80	01:28:31	10 Miles		
04/08/2024	Harting 10 Miles	Catie Pettit	00:00	01:30:51	10 Miles		
04/08/2024	Harting 10 Miles	Rory Heard	106	01:33:21	10 Miles		
04/08/2024	Harting 10 Miles	Roger Jones	124	01:37:28	10 Miles		
04/08/2024	Harting 10 Miles	Caroline Whiting	00:00	01:38:34	10 miles		
04/08/2024	Harting 10 Miles	Terry Aked	134	01:40:29	10 miles		
04/08/2024	Harting 10 Miles	Gary McCawley	142	01:43:44	10 miles		
04/08/2024	Harting 10 Miles	Slavena Jensen	158	01:48:51	10 miles		
04/08/2024	Harting 10 Miles	Anita Crawley	173	01:55:51	10 miles		
04/08/2024	Saturn Running Marathon	Bekki Leaves		04:38:12	26 Miles		
04/08/2024	Saturn Running Marathon	Tom Cole		04:38:03	26 Miles		
11/08/2024	Isle of Man Marathon	Mike Deller	34	03:56:12	26.2 miles		
11/08/2024	Phoenix Running Prosecco Marathon	Martyn Palmer		05:44:11	26.2 miles		
15/08/2024	The Goodwood Hillclimb	Julian Manning	4	00:28:39			
15/08/2024	The Goodwood Hillclimb	Mark Bicknell	7	00:29:27			
15/08/2024	The Goodwood Hillclimb	Kevin Gale	9	00:31:29			
15/08/2024	The Goodwood Hillclimb	Gary Armstrong	12	00:33:16			
15/08/2024	The Goodwood Hillclimb	Lisa-Marie Peckover	67	00:42:43			
15/08/2024	The Goodwood Hillclimb	Terry Aked	5	00:42:54			Dog runner
15/08/2024	The Goodwood Hillclimb	Kirsty Aked	3	00:33:57			Dog runner
15/08/2024	Foxdale 5	Mike Deller		00:36:32	5 miles		
18/08/2024	The Big Pilgrimage	Lawrence Blake		05:06:10	26.2 miles		
21/08/2024	Lakeside 5k Series	Matthew Russell	7	00:17:00	5k		
21/08/2024	Lakeside 5k Series	Andrew Meredith	18	00:17:53	5k		

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21/08/2024	Lakeside 5k Series	Alex Blake	12	00:19:19	5k
21/08/2024	Lakeside 5k Series	Gary McCawley	60	00:26:09	5k
25/08/2024	Arundel 10k	Nick Bailey	343	01:20:59	10k