

FASTEST TIMES
2025

Name	5M	10K	10M	13.1M	26.2M
Adam Chant					
Adam White					
Alan McVittie					
Alex Blake		00:40:34	01:08:03	01:30:12	03:42:19
Alisdair Skelley					
Alison Greasley			01:24:21		
Amy Gaunt					
Andrew Meredith		00:36:24	01:00:37		
Andrew Taphouse		00:37:31	01:04:52		
Andy Newcombe		00:43:43	01:11:10		
Angela Agate					
Anita Crawley				02:19:09	
Ashley Hiom					
Athene Ryan					
Bekki Leaves		00:49:54		02:24:28	04:24:58
Belinda Lewis-Jones					
Ben Edmonds				01:44:35	
Billy Chapman			01:14:13		
Brent Latham					
Brian Harris		01:25:16			
Bridie Strachen					04:08:00
Caroline Whiting		00:50:46	01:26:55		
Cathy Price					
Catie Pettit		00:52:09			04:31:09
Charlie Mitchell			01:21:27		
Chris Cornwell		00:37:33			
Chris Penfold			01:15:25		
Christina Ball					
Christine Perrior					
Claire Parfitt					
Claire Taylor		00:57:22			
Clare Ryan					
Clare Welch		01:03:37	01:50:01		
Colin Haynes					
Dan Shawyer					
Dan Starkey					
Daniel Quinn					
Darren Butwell					
Dave Colenutt					
David Humphrey					
David Noble			01:08:31		
David Pearson		00:37:34			
Dawn Banting		00:48:58	01:25:36		
Del King					
Denise Williams					
Dennis Sanderson					
Dyfan Rowlands				01:32:19	03:38:37

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Elizabeth Steward					
Elliott Upson					
Eloise Lavington					
Gareth Bowden					
Gary Armstrong		00:40:28	01:13:31		
Gary Edmonds					
Gary McCawley		00:50:55		02:05:47	
Gavin Roberts					
Gavino Valdez					
Gemma Aldwinckle					
Gemma Heggs					
George Sutherland					
Gerard Beauvoisin					
Graham Bowpitt					
Graham Clarke					
Graham Excell					
Greg Clarke					
Guy Holmes			01:23:55		
Hannah Curtis					03:20:14
Harry Woodroof					
Henry Piper		00:34:25	00:55:37		
Jack Rose		00:48:13	01:22:10	01:24:11	
James Cocksedge					
James Lathwell					
Jamie Neve					
Jane Woodroof					
Jeffrey Streeter		00:46:50	01:17:57		
Jenny Parks		00:53:17	01:32:49	01:50:15	
Joanna Ward					04:09:08
Joe Pymont					
John Aldwinckle		00:39:23			
John Field					
John Malthouse					
John Motterhead					
John Rogers					
John Rose				01:24:11	02:57:20
Jonathan Loft					
Julia Revill					06:03:23
Julian Manning		00:35:10	00:59:29		
Karis Yates					
Katie Edmonds			01:36:37		
Kayleigh Gyles		00:39:36			03:40:30
Kevin Gale		00:37:32	01:04:33		02:58:11
Kevin Hewitt			01:34:21		
Kimberley Churchill		00:53:20	01:34:42	01:57:00	04:39:49
Kirsty Aked		00:41:44	01:12:32		03:31:58
Kyle Pepperman-Hacket					
Lara Eaton					

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Lawrence Blake					05:59:16
Lee Brown					05:25:43
Lee King					
Lee Mawson					
Lee Weeks			01:09:01		
Lee Brown					
Linda Taylor		00:52:26	01:31:15		
Lisa Haynes					
Lisa-Marie Peckover		00:51:23	01:18:33	01:46:32	04:01:43
Louise Stacey					
Marie Wiles		00:53:31	01:31:58		
Mark Bicknell			01:02:02	01:24:59	02:55:04
Mark Pelley					
Mark Wilson					
Martin Mckinlay					
Martin Groom					
Martyn Palmer					03:44:38
Martin Parfitt					
Martin Shaw					
Matt Sargent		00:57:46			
Matteo Berogna					
Matthew Cheyney					
Matthew Gair					
Matthew Russell			00:59:02	01:20:04	
Mat Sibley		00:41:06	01:08:51		
Michael Deller		00:48:44			
Michael Harrison		00:36:56	01:29:03		
Mike Taylor				02:17:32	
Meg Roberts					
Natalie March					
Neil Hawkey		00:42:12	01:09:52		
Neil Hawkins					
Neil Routledge					
Neil Rooker					05:35:56
Neptune Bell					
Nick Bailey					
Nick Griffiths					
Nicky O'Dea					
Nicola Sibley					
Nicola Thomas		00:43:01	01:12:27		03:39:12
Oliver Craig		00:35:18			
Olivia Hannen					
Owen Cole		00:47:37			
Patrick McFadden					
Paul Harsent		00:39:41			
Paul Marshall					
Paul Reynolds					
Paul Saunders				01:41:52	

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Paul Welch		00:41:32	01:10:11		03:48:58
Peter Coote					
Peter Maisey					
Peter Murphy					
Peter Van Der Lugt					
Peter Roper					
Rachael Harrison			01:29:04		
Rachel Blewden					
Rebecca Mahony					
Rebecca Moakes					
Rachel Muckelt		00:40:53			
Richard Gray					
Richard Hammond					
Richard Murphy					
Richard Moakes					
Rick Toovey					
Rob Moore			01:18:03		
Rob Wilson		00:38:57	01:04:06		
Roger Jones			01:33:44		
Rory Heard		00:49:55	01:24:30		
Ruud Jonkers					
Sally Stone		00:57:23			
Samantha Morris		00:43:53			
Sarah Hadfield					
Sarah Heard					
Sean James					
Simon Burrough					
Simon Price					
Simon Toms					
Slavena Jenson		00:55:46			
Steve Knight					
Steve Trevenna					
Steve Colmer					
Steven Wooton					
Stuart Hoare			01:29:52		
Stuart White					03:23:23
Susan Colenutt			01:24:31		
Suzanne Richardson		00:46:54			
Terry Aked					
Tim Collins				01:23:44	02:59:29
TillieMadgwick					
Tom Cole		00:40:09	01:06:42		04:24:58
Tony Laurenson					

Tony Liddell 00:52:11

Tracey Crank