

# Denmead Striders Running Club

## Committee Meeting

Date: 8<sup>th</sup> May 2025

Location: Elizabeth Road, Waterloooville

Present	Apologies
Clare Welch	Kimberely Churchill
Lisa Peckover	Jenny Parks
Julia Revill	Andy Taphouse
Steve Trevenna	
Paul Welch	
Gary McCawley	
Sam Morris	
Graham Clarke	
Dawn Banting	
Stuart Hoare	
Mark Bicknell	

### 1. Committee Meeting.

#### 1.1 Club Chairman

Clare Welch had nothing to report.

Club kit is still being looked into. Samples are to be bought to training for members to test sizing.

#### 1.2 Vice Chairman

Kimberley Churchill had nothing to report.

#### 1.3 Club Secretary

Lisa Peckover reported;

As asked by Gary McCawley I have contacted EA to get Trail running added to our list of disciplines. We have now had confirming this has been added.

#### Matters Arising from 29<sup>th</sup> August 2024 meeting:

**Club Constitution** – To be updated regarding London marathon places. You must have never ran London before to be eligible for the club place. **ACTION LP**

**Club Disciplines** – Lisa Peckover to contact EA to add trail running. This has been completed.

**Horndean TC Training Venue** – Gary McCawley to book a few dates in. Two dates have been booked in.

**Bushy Parkrun** – Clare Welch to look into gaging interest before researching coach prices. There was not enough interest to make this viable. We could possible look into a group trip using own cars.

**Food Bank Run** – To be organised for the 26<sup>th</sup> February 2025. Food bank in February was another success. The committee discussed the possibility of doing this twice a year and it was decided July would be a good month. **ACTION LP**

#### 1.4 Club Treasurer

Stuart Hoare reported;

The club has received most of its income from the members subscriptions and from those subscriptions we have paid over the fees to England Athletics of £20 per member.

There may be a few new members joining the club over the remainder of the year, but should not amount to much in value/numbers.

Costs, the club had paid for the Awards Night at a total cost to include all trophies, hall hire and associated costs, total of £810.

At the time of the meeting there were no real outlay for costs for the forthcoming Denmead 10k race, nor has any entry fees been received.

For the period January 2025 through April 2025 the club has spent more than its income during the time to a value of £314, leaving the clubs funds held in the bank accounts at around £5,000.

#### 1.5 Membership Secretary

Julia Revill reported;

No major updates, we have 157 member so far this year.

#### 1.6 Club Captains:

Ladies: Sam Morris reported:

##### **24/25 HRRL**

Race	A Team	B team	C Team
Overton 5mile	6th	11th	10th
Solent HM	4th	1st	10th
New Forest 10mile	3rd	11th	10th
Gosport HM	1 <sup>st</sup>	4 <sup>th</sup>	10 <sup>th</sup>
Victory 5mile	1 <sup>st</sup>	1 <sup>st</sup>	1 <sup>st</sup>
Stubbington 10k	1 <sup>st</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>
Ryde 10mile	3 <sup>rd</sup>	6 <sup>th</sup>	10 <sup>th</sup>
Salisbury 10mile	4 <sup>th</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>
<b>Current overall</b>	<b>1<sup>st</sup></b>	<b>3<sup>rd</sup></b>	<b>3<sup>rd</sup></b>

- Upcoming races are:
  - o Alton – 11<sup>th</sup> May (11 entries)
  - o Netley 10km – 18<sup>th</sup> May
  - o Alresford 10km – 15<sup>th</sup> June
  - o Lordshill 10km – 6<sup>th</sup> July

The A team are currently 1<sup>st</sup> by 8 points.

The C team has been incomplete for 5 races.

The best result was Victory 5 with the A, B and C team coming 1<sup>st</sup>.

Men: Mark Bicknell reported;

This Sunday sees the return of race #9 of the Hrri, which is Alton 10 mile, and we are well represented once again.

It's nice to see so many new faces supporting our teams and also competing for the Striders league places.

When we last met we didn't have the official result for #4 Gosport Half, but now we do!

Race #4 Gosport Half

A Team: 3/10

B Team: 2/10

C Team: 3/10

Race #5 victory 5 mile

A Team: 6/10

B Team: 3/10

C Team: 2/10

Race #6 Stubbington 10k

A Team: 5/10

B Team: 3/10

C Team: 2/10

Race #7 Ryde 10 mile

A Team: 2/10

B Team: 1/10

C Team: 1/10

Race #8 Salisbury 10 mile

A Team: 3/10

B Team: 2/10

C Team: 3/10

So overall standings after 8 races are:

A Team: 1/10

B Team: 2/10

C Team: 1/10

So, as you can see we have so many men contributing in all 3 of our teams, and it's thanks to everyone of them for putting us, Denmead Striders in such a strong position at this current time.

Lastly, I'd like to welcome Andy Taphouse to the men's team and for volunteering to take over the role of men's captain, Good Luck 😊

#### 1.7 X-Country Representative.

Paul Welch had nothing to report.

#### 1.8 Striders League.

Graham Clarke reported;

We are now nearing the end of the season with just 4 HRRL (1 x10m and 3x10 k) races remaining. Participation in the League continues to be strong with 89 Striders (32 ladies and 57 men) earning themselves League points, 10 of whom have already earned themselves bonus points by completing at least 6 of the road races.

Dawn Banting Andy Newcombe, Andrew Meredith and Jeffrey Streeter who have now competed in all eight road races while Jenny Parks and Andrew Taphouse have missed just one!

In the SCCL events, 10 Striders have competed in all five races.

The leader board to date is as follows:

#### **Ladies**

1st Jenny Parks 94.3 pts.

2nd Dawn Banting 68.2 pts

3rd Lisa-Marie Peckover 65.3 pts.

4th Caroline Whiting 63.8 pts.

5th Samantha Morris 62.5 pts.

The first two men are really battling it out neck and neck with a mere 0.6 points separating 1st from 2nd position!

### **Men**

1st Andy Newcombe 88.9 pts.

2nd Andrew Taphouse 88.3 pts.

3rd Gary Armstrong 82.7 pts.

4th Rob Wilson 76.9 pts.

5th Julian Manning 76.0 pts,

### Striders' League Races for Next Season

For the past couple of years we have just included the HRRL and SCCL races in the league. Does the committee think we should adopt this approach for next season or, for a bit of variety, add 2- 3 extra road races e.g. perhaps include a marathon, another half marathon and say. a10m. We have tried this before with a mixed enthusiasm! The committee decided the decision on races should stick with Graham.

### 1.9 Social.

**Comedy Nights** – Sam would like to look into arranging for members to go to our local Horndean comedy night.

**ACTION SM**

**Tour** – Steve to look into arranging walking tour in Portsmouth.

**ACTION ST**

### 2.0 Coaching

Gary McCawley had nothing to report.

### 3.0 Members Representatives.

Steve Trevenna had nothing to report.

Suggested there be a variety of hills for different levels. This has been incorporated into Garys plan already.

Jenny Parks had nothing to report.

### 4.0 Denmead 10k Committee.

Nothing to report.

### 5.0 Newsletter

Dawn Banting had nothing to report.

### 6.0 Website

Graham Clarke had nothing to report.

### 7.0 A.O.B.

#### **7.1 Club Instagram Page** – Raised by Sam Morris

Sam would like to take over the club Instagram page. It was agreed this was a good idea to promote the club and what members get up to. Paul Welch to provide Sam with the log in details. **ACTION SM**

#### **7.2 Use of Headphones in training** – Raised by Clare Welch

This was discussed and it was agreed that bone conduction are the only headphones that should be allowed during training sessions. A reminder should be given to members.

### **7.3 Second Claim Membership Fees** – Raised by Stuart Hoare

Stuart has been approached by a few members with concerns that the second claim membership fees are too high. This was discussed and it was decided by the committee that there will no longer be two types of fees (first claim/second claim). There will be a flat fee for every member whether they are joining as first or second claim. The website will need to be updated to reflect this. **ACTION GC or CW**

### **Next Meeting:**

14<sup>th</sup> August 2025