



Alice Holt SOUTHERN CROSS-COUNTRY Race 2 23th November 2025

We would like to welcome you Round 2 of the Southern Cross Country League, 2025/26

It will take place at:

Alice Holt Forestry, Bucks Horn Oak, Farnham, Surrey GU10 4LS

The event is being put on with the help of all 2-league teams. All the volunteers need to come from the participating clubs.

We are asking each club to put forward 2 people to help on the day: They will be no running roles.

If each club can find them and email me with the names and email contact info.

Volunteers we need help with:

Parking – x4

Course marshals - x14

The finish funnel - x6

The results

Setup on the Saturday – x3

Remove the signage on the courses after the race 2-3 people

I need to have all the volunteers listed by the 23rd of November 2025

Please ask your club volunteers to email me at:

racedirectorfr@gmail.com



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The headquarters for the race is the classroom by near the main car park in Alice holt Forest, A31. The address is: Bucks Horn Oak, Farnham, Surrey GU10 4LS

All cars will have to pay for parking. There is a fee of £5 per car. By you will need the discount code will input this into the payment Machines will accept Bank & credit cards.

This may change as I as still trying to get permission to park in the farmers Field on the outside of Alice Holt

Getting there by road

From the A31

- Turn off at Farnham onto the A325.
- Stay on the A325 for approximately 4 miles.
- At the Halfway House Pub on the A325 turn off the main road following signs for Alice Holt Forest. The entrance is 300 yards along this road on the left.
From Portsmouth and Petersfield
- Take the A325 towards Farnham. At the Halfway House Pub on the A325 turn off the main road following signs for Alice Holt Forest. The entrance is 300 yards along this road on the left.

THE START

The race starts a short walk from the race HQ.

- The race starts at 11am.
- Please leave baggage at the start as the race. Starts and finishes by the car park by the classroom at the. Bags at the owner's risk.
- There will be a designated area for tents and flags near to the with in car park by the classroom.

THE COURSE

- The 5-mile course follows a variety of undulating tracks, paths and trails around the around the Forestry.
- There will be other people using the Forestry with dogs and kids on bikes.
- Please look out for these and observe common courtesy when passing them.
- Please obey all requests by race marshals as you progress around the course.

- Look out for and follow the arrow signs and red and white strip tape along the route.
- Look out for tree roots on the course and low-hanging branches on either side of the paths.
- The course is not suitable for spikes. 'Trail' or 'off-road' shoes are recommended.
- **ALL Runners take part at their own risk.**

THE FINISH

The finish to the race Will be on the path just down from the classroom

REFRESHMENTS

- Not this year. (sorry)
- Alice holt has a new Café so can purchases Tea and coffee

CAR PARKING (Subject to change)

- All cars will have to pay for parking the fee has been work out of £5 Per car. By you will need the discount code will input this into the payment Machines only accept: Bank& Credit Cards Please follow the marshal's instructions
- Alice holt has 3 car parks, we have been ask to fill up the overflow one first as this is by the start.
- The over flow car park will not re open tell 12.30.
- There will be a charge of £5 per car, which will go to Alice holt.
- Please **do not** park on the road leading up to Alice holt as this will block the road that will be need in an emergency

TOILETS AND CHANGING

- There are no changing rooms available.
- There are toilets in the main area of the Forest.

COMPETITORS NOTES AND RULES

- Please ensure that all runners wear their club vests. Runners not wearing club vests will be pulled out of the race.
- Please observe the time-limits - No men who have run faster than 5.30min/mile over a measured race of 5 miles or longer in the twelve months prior to the start of this season. - No women who run faster than 6.00min/mile over a measured race of 5 miles or longer in the twelve months prior to the start of this season.

Finally, we look forward to seeing you all on Sunday 23rd November 2025 we hope that everyone who attends enjoys the day, has a good race and some fun too!

Best wishes,

Craig Tate-Grimes

Farnham Runners

Southern Cross Country league