

Denmead Striders Running Club

Committee Meeting

Date: 12th February 2026

Location: Elizabeth Road, Waterlooville

Present	Apologies
Clare Welch	Dawn Banting
Lisa Peckover	
Julia Revill	
Stuart Hoare	
Paul Welch	
Gary McCawley	
Sam Morris	
Jenny Parks	
Kimberely Churchill	
Steve Trevenna	
Andy Taphouse	
Graham Clarke	
Mat Sibley	

1. Committee Meeting.

1.1 Club Chairman

Clare Welch reported;

Here we are 2026 and my final committee meeting. I cannot thank you all enough for all your support and commitment over the last 6 years, some of you are newer to the team and some have been with me through my whole tenure, and I honestly wouldn't have been able to function without such an incredible team of supportive individuals. Starting my role right in the midst of a pandemic was a challenging start, but we made it work and I have had the best time since. But we all know things need change, need to evolve and I think (hope)my stepping down will see some different ideas and a new zest of life for the club.

Unfortunately, we have not had a replacement come forward for either my role or Lisa's but as discussed in previous meetings we will step down at the next AGM with the current members sharing the load.

I have therefore put together some more comprehensive notes which should help, and I will circulate these via email and keep them in the one drive folder. My suggestions (and these are purely suggestions) for the committee to take away and think about for future are as follows:

Interim Roles/Cover

As current Vice Chair, Kimberley will oversee but with continued drive for Chairman role to be filled. Kimberley to call upon the longer standing members for advice/help if required through their experience (and of course I will be around to help where I can just in the background)

Club Secretary – Perhaps Julia & Stuart could share this. Lisa has put together some working instructions on her role/responsibilities.

Announcements – The transition into splitting this over committee members and coaches has been going well and suggest continuing to do this. I am more than happy to be on the list too.

Coaches will be only on the nights they are coaching, then others split out accordingly. People that have volunteered: Gary Mc, Kimberley, Julia, Sam, Jenny, Rory, Kirsty, Paul, Clare (no offence if don't want me in the mix)

Club Kit – Clare will continue to do – currently we have a rebate due £302 9 x vests at £18 +VAT and 7 x t-shirts at £20 + VAT.

Social – things like Christmas Party etc – Bridie did express an interest so worth chatting to her re this. Next AGM & Awards. Have put together some instructions which should help and more than happy to help with and aid whoever the new team is but a way off yet.

Other things for consideration

EA roles – Clare & Lisa are more than happy for names to be stated on the EA website for now until replacements are found. Any emails can be forwarded to the central email address.

Bank access – I currently have bank access – Assume this will need to be revoked?

Team Chat/Club platform – Still think the joined-up communication and something like this is worth considering. Unfortunately, I was ambitious in thinking I would have time to look at properly. Chris Penfold has had an initial look, and verdict is out but worth further discussions. David Noble may share some details from his tri club and Andy Taphouse did share some information as well from his previous club.

Newsletter - Dawn has decided to step down. The newsletter is not critical and with the change over the years in social media etc but will need to decide whether that role is to be filled.

1.2 Vice Chairman

Kimberley Churchill had nothing to report.

1.3 Club Secretary

Lisa Peckover reported;

Gerard DBS approved.

The club constitution, health & safety policy, inclusion policy and privacy policy all need to be updated and uploaded to England Athletics. I will do this before standing down at the AGM.

The England Athletics portal will need to be updated with the Secretary, Club Chair, DBS Verifier when Clare and I step down. **ACTION LP**

Confirmed with Paul Welch that he is happy to continue as welfare officer.

I have written details/instructions for the EA portal, London marathon places and DBS verification. Templates for committee meeting agenda, minutes and AGM minutes have been created and uploaded to the shared club one drive.

Stuart has said he is happy to take over the DBS checking and London place allocation. I have suggested Kimberley deal with the EA portal which she is happy to do. I will email over the details/instruction to both. **ACTION LP**

Matters Arising from 13th November 2025 meeting:

Committee Roles – Clare Welch and Lisa Peckover to write details/instructions regarding their roles. Both confirmed they have written details/instructions regarding their roles and saved on the shared club one drive.

Social – Clare Welch to put out a post to see if anyone would like to take up an unofficial social chair role. Bridie has expressed an interest in this so may be worth revisiting.

Announcements – Clare Welch to put together a rota for committee members to do announcements. Clare arranged this and the transition into splitting the announcements between committee members and coaches is going well.

Trackchat – Was still being looked into. Clare was looking into this but it will probably need to be picked up by the committee upon her resignation. See chairman's notes.

1.4 Club Treasurer

Stuart Hoare reported;

The annual accounts for the club were provided for the meeting.

Summary was the club had received subscriptions of £4,703 over the past year, for which the majority are paid to England Athletics, leaving a net surplus of £1,436 available to the club.

The surplus generated by the Denmead 10k in October 2025 of £2,017 had allowed for the club to incur various costs and events over the past year, such as Awards night & AGM, Christmas party, courses and training for coaches, Ryde road race ferry transport costs and other general expenses.

One difference this year was the club has changed its way of obtaining and providing club kit to its members, through having an online shop. This change did require the club to invest an upfront cost for the kit, amounting to £1,157.

At the end of the year December 2025 has retained funds to the value of £5,013.

During the months of January and February the club has received numerous members annual subscriptions, although the club will pass over England Athletics members subscriptions in March 2026.

As Clare Welch and Lisa Peckover are stepping down, they will need to be removed from the bank account, and a new committee member will have to be added. It was decided that Kimberely would be added. **ACTION SH**

1.5 Membership Secretary

Julia Revill reported;

No major updates, we have 99 members that have paid this year at present.

1.6 Club Captains:

Ladies: Sam Morris reported:

A Team

Race	Position	League Score
Totton 10k	5	159
Overton 5m	2	103
New Forest 10m	6	134
Gosport HM	1	69
Victory 5M	3	139
Ryde 10m	6	136
Overall	23 - 3rd	740

The Denmead Striders Women's A Team delivered a consistently strong season in the Hampshire Road Running League, highlighted by standout performances across a variety of distances. Their campaign featured an impressive win at the Gosport Half Marathon and a close second place at the Overton 5 Mile, showing their competitiveness at both short and long distances. Solid top-six finishes at Totton, the New Forest 10, and the notoriously tough Ryde 10 contributed valuable league points, while a third-place result at the Victory 5 reinforced their depth and reliability. With a total of 740 points, the team secured an excellent 3rd place overall, underscoring their strength, consistency, and presence among the league's top clubs.

B Team

Race	Position	League Score
Totton 10k	2	348
Overton 5m	2	256
New Forest 10m	5	250
Gosport HM	2	387
Victory 5M	3	375
Ryde 10m	4	350
Overall	18 - 2nd	1,996

The Denmead Striders Women's B Team delivered an outstanding and remarkably consistent season in the Hampshire Road Running League, securing an excellent 2nd place overall with 1,996 points. They claimed second place in three major races—Totton 10k, Overton 5 Mile, and the Gosport Half Marathon—showcasing strong depth and reliability across the squad. Solid top-five finishes at the New Forest 10, Victory 5, and the challenging Ryde 10 further strengthened their league tally. With every race producing high-scoring results, the B Team proved to be one of the league's most dependable and competitive squads throughout the campaign.

Women Individual

Row Labels	Sum of N races	Sum of Score Avg
Kayleigh GYLES	1	99.1
Rachel Muckelt	1	93.1
Nicola THOMAS	3	92.63
Samantha Morris	5	89.74
Kirsty Aked	3	87.2
Suzanne Richardson	5	79.82
Bekki Leaves	1	78
Bridie Rowlands	3	77.33
Clare Ryan	2	74.2
Lisa-Marie Peckover	5	65.28
Caroline Whiting	5	64.16
Rachael Harrison	3	59.53
Sue COLEUTT	1	55.8
Bethany Wilson	1	55
Marie Wiles	6	51.32
Christina Banner	2	51.05
Linda Taylor	4	48.52
Kimberley Churchill	3	47.63
Jenny PARKS	5	44.94
Molly Bicknell	3	41.8
Jenny Worrall	1	26.1
Clare Welch	5	14.88

The Denmead Striders women delivered a strong set of individual performances, with Marie Wiles completing the most races (6), closely followed by several consistent five-race contributors including Suzanne Richardson, Lisa-Marie Peckover, Caroline Whiting, Jenny Parks, and Clare Welch. High scorers made a big impact too: Kayleigh Gyles (99.1) and Rachel Muckelt (93.1) delivered exceptional single-race results, while among the regular racers Nicola Thomas (92.63 average from 3 races) and

Samantha Morris (89.74 from 5) stood out as top performers. Strong scoring from Kirsty Aked (87.2) and Suzanne Richardson (79.82) further highlighted the depth and consistency across the squad, contributing significantly to the team's successful league campaign.

Up coming races:

Solent HM – 8 Women (Sold out!)

Salisbury 10 – 13 women (Sold Out!)

Alton 10 – Still open!

7	Solent Half	8 March 2026
8	Salisbury 10 mile	12 Apr 2026
9	Alton 10 mile	10 May 2026
10	Netley 10k	17 May 2026
11	Alresford 10k	21 Jun 2026
12	Lordshill 10k	5 Jul 2026

Men: Andy Taphouse reported;

Firstly, apologies, I have not been present enough in my role. I've had some personal circumstances since taking the role, which have and continue to get in the way.

Overall HRRL Club Summary (YTD)

Total Denmead runners: 40

Average Score Avg: 51.59

Maximum races run by one athlete: 6

Overall Club Position Snapshot

- A Team – 2nd
- B Team – 2nd
- C Team – 1st

This shows very strong depth across the club, particularly:

- Competitive at the sharp end - A team
- Solid mid-pack strength - B team
- Outstanding depth in the C Team

Ryde (Strongest Team Performance)

Team Total: 291.7 (2nd)

- Henry Piper – 98.8
- Matthew Russell – 98.3
- Julian Manning – 94.6

Individual Summary YTD)

Men V40 (11 runners)

1. Rob Wilson – Score Avg: 83.77 | Age Rank: 3
2. Tom Cole – 75.00 | Age Rank: 131
3. Andy Taphouse – 68.04 | Age Rank: 22

Men V50 (8 runners)

1. Julian Manning – 98.90 | Age Rank: 21
2. Mark Bicknell – 94.90 | Age Rank: 61
3. Kevin Gale – 86.97 | Age Rank: 38

Men V60 (3 runners)

1. Alan McVittie – 54.20 | Age Rank: 38
2. Stuart Hoare – 31.30 | Age Rank: 11
3. Peter Murphy – 11.60 | Age Rank: 124

Men V70 (2 runners)

1. Roger Jones – 55.55 | Age Rank: 12
2. Brian Harris – 3.70 | Age Rank: 8

Best Denmead Performer by Race (Highest Score) Race	Top Denmead Runner	Score
Totton	Rob Wilson	84.0
Overton	Julian Manning	93.9
New Forest	Andrew Meredith	96.2
Gosport	John ROSE	96.9
Victory	Julian Manning	88.3
Ryde	Henry Piper	98.8

1.7 X-Country Representative.

Paul Welch reported;

Following my last report, we should have had another three races complete with just one remaining. However, unfortunately, this hasn't been the case.

The Bourne woods race which was scheduled for 23rd of Nov was moved to Alice Holt as Bourne woods wasn't available for this date.

We put out a strong team of 27 men & 10 ladies, the men finished 2nd with the ladies finishing 11th. This gave us a team result of 6th.

The next race at Lord Wandsworth went ahead as scheduled and didn't disappoint. We had 18 men who finished 3rd, and 7 ladies coming in in 12th. This resulted in a team position of 8th.

Then the British weather took hold! Chawton house was cancelled as the parking would have been impossible. Currently there is no discussion to try to get this race back on the calendar.

Then the race that Fareham have been trying to organise for the last few years was also rained off, again citing parking & course water issues. They are trying to reschedule this to another date and are currently looking at 5th April (which is Easter Sunday) so it may prove difficult to field full teams for many clubs. I will obviously report more on this as and when I hear.

The current standings after the three races see Fleet & Crookham in first place, with Liss runners and Haslemere in 2nd & 3rd respectively.

We are currently sitting in 7th, so it will require big effort to creep into that top three!

If all races are still to run, the upcoming races are:

1st Mar – Bourne Woods

5th April – 100 Acre wood (TBC depending on local authority approval)

TBC – Chawton House

On the plus side, I understand we have a more than capable volunteer to take over the XC captain role for next season, but I can see that Clare has this as AOB, so will not steal her thunder. Obviously, if the season extends past the AGM, I am more than happy to see out my role until the end of the season before handing over the reins, tent, clipboard, flag.

1.8 Striders League.

Graham Clarke reported;

We are now exactly halfway through the road race fixtures in the Striders' League (i.e the 6 HRRL events plus Stubbington 10 k which is not in the HRRL this year. Unfortunately, it looks as if there will now only be three SCCL fixtures this year due to the inclement weather conditions. This gives those members who have completed all three of the SCC races and have earned already earned themselves bonus points an advantage over those who have completed less than three races but would have had the opportunity to earn bonus points if the other three races had gone ahead! I have not attempted to change the League rules to compensate for this situation!

To date, 83 members have competed in at least one event of whom 11 have completed over half the road races while 13 have completed all three XC races.

As anticipated, the Stubbington 10k was well attended justifying its inclusion within the Striders' League this year. Some very impressive Age Grades were achieved in this race e.g. Nicola Thomas (78%), Rachel Muckelt (75%), Kevin Gale (87%). Julian Manning (82%) and Henry Piper (78%).

The leader board is as follows – in which it is pleasing to see a few new faces and some very close competition between some of the positions!

Ladies

1st Caroline Whiting - 75.5 pts.

2nd Jenny Parks - 74.4 pts.

3rd Marie Wiles - 49.1 pts.

4th Lisa-Marie Peckover - 40.0pts.

5th Samantha Morris - 39.4 pts.

Men

1st Neil Hawkey - 81.7 pts.

2nd Rob Wilson - 77.9 pts.

3rd Chris Penfold - 69.6 pts.

4th Julian Manning - 63.7 pts.

5th Tony Liddell - 63.6 pts.

1.9 Social.

Steve Trevenna has suggested a summer BBQ at the beach.

ACTION ST

It was also mentioned that the curry nights were always a good success so it would be good to find someone who would be happy to arrange.

2.0 Coaching

Gary McCawley has been in contact with Horndean College to start arranging four track sessions for next summer. Gary is also looking at the possibility of a new hill session venue for next winter.

ACTION GM

3.0 Members Representatives.

Steve Trevenna had nothing to report.

Jenny Parks had nothing to report.

4.0 Denmead 10k Committee.

The date has been set for 11th October 2026. Entries are now open and so far there have been 63 places sold so far. The number of entries has gone up to 350 this year following the sell out of 300 places last year. A £1.50 booking fee has been added to the race entry fee this year.

5.0 Newsletter

Dawn Banting had nothing to report. Dawn has confirmed to Clare she is stepping down as newsletter editor.

6.0 Website

Graham Clarke had nothing to report.

Steve confirmed the website needs to be updated with the new meeting details for Saturday morning social runs as it still says Lidl. **ACTION GC**

Jenny has said the Power of 10 link is not working on the website. **ACTION GC**

7.0 A.O.B.

7.1 Cross Country Captain – Mat Sibley has put himself forward to take over from Paul Welch. The committee all agreed this was a good fit. Mat came along to the meeting and was welcomed by the committee.

Next Meeting:

16th April 2026 - New venue to be confirmed.

Denmead Striders
Income & Expenditure Summary, 1st January to

31 December 2025

Year Dec 24

	£	£	£
Subscriptions, received		4,703.00	4,764.00
Less Paid to England Athletics		<u>(3,267.00)</u>	<u>(3,062.00)</u>
		1,436.00	1,702.00
Other Income:			
Interest received	44.66		38.44
Others Subs overpaid - refundable	<u>-</u>		<u>-</u>
		44.66	38.44
NET INCOME AVAILABLE TO CLUB		<u>1,480.66</u>	<u>1,740.44</u>
Less Expenditure			
Affiliations	530.00		525.00
Club Kit held in stock	1,157.40		-
Webiste hosting and domain	-		-
Sundry expenses	166.43		-
Transport for Ryde Road Race	408.00		384.80
Donation, woodland trust	100.00		-
Other Costs			
Awards night,	810.08		590.11
Christmas party	266.45		846.14
School Track hire	120.00		
Coaching courses	222.50		10.00
Other Costs	-		-
	<u>3,780.86</u>		<u>2,356.05</u>
		3,780.86	
Club operating Surplus / (Deficit)		<u>(2,300.20)</u>	<u>(615.61)</u>
Denmead 10K (to date) <i>Cash Surplus/(deficit)</i>		2,017.15	2,036.85
		<u>(283.05)</u>	<u>1,421.24</u>